

CENTRE OF NUTRITION AND BEHAVIOUR AND VKN DIGITAL LTD; IN COLLABORATION WITH DONCASTER METROPOLITAN BOROUGH COUNCIL

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# Food Poverty in Doncaster

## 2019 Action Plan

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This document contains an action plan to tackle food poverty throughout the Doncaster community. The action plan has been devised as collaboration between Doncaster Council, The Centre of Nutrition and Behaviour at RDASH and VKN Digital.

# Introduction

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The rise of universal credit and a limited access to food banks within Doncaster has seen individuals and families struggle with continuous access to food. One in five people in the UK population live below the poverty line<sup>1</sup>. Food banks and food poverty initiatives have been aiming to tackle the problem of food insecurity for number of years. Since 2013, the Trussell Trust has provided over 4,531 emergency food supplies to those in crisis<sup>1</sup>. This shows the magnitude of the current issue surrounding food poverty throughout the UK. Within Doncaster, initiatives such as The Real Junk Food Project have aimed to increase food security whilst also reducing food waste in the community<sup>2</sup>. It has been estimated that food distribution and retail generates 4.3 million tonnes of food waste each year, whilst 900,000 people were using food banks throughout the UK<sup>2</sup>.

Through the collaboration of the NHS, Doncaster Council and VKN Digital agency we aim to bring together Doncaster food insecurity initiatives to achieve the most effective and efficient outcome for those in the community. The actions suggested in this plan aim to reduce stigma attached to being food insecure, no matter what the individual situation; we want increased access to food for all. Therefore, after hearing the voices of those within the community, businesses and those who are doing their very best to tackle this problem, we have devised an action plan for 2019 within Doncaster.

The action plan aims to provide and create resources that are in much need to wider community initiatives. The aim of this plan is to support and create sustainable resources such as the provision of knowledge and information from managing budgets to food tips to maintain a healthy lifestyle on a small budget. The resources will aim to reach each person in need and also aid travel into individual communities throughout Doncaster. All initiatives will be spread across the Borough of Doncaster and therefore will be more easily accessible to everyone. This includes child, adult and elderly need. Through applying for grant funding to support local initiatives we will aim to develop the infrastructure to help the community to come together in a way it hasn't before. All our decisions are planned with the community in mind and are based on ideas from the individuals who interact with Doncaster communities every day.

Through consultation with the community the aim is to put the people of Doncaster at the centre of each initiative to reduce food poverty and stigma. We hope to empower individuals to have the tools to become more proactive and potentially have more control over their circumstances. There are 9 specific aims, each with detailed issues, priorities and associated actions (listed in the table below).

Aim	Specific Issues	Priorities	Action	Theme
<b>Aim 1: Promoting healthy and sustainable food to the public</b>	<ul style="list-style-type: none"> <li>The introduction of universal credit means people aren't able to budget over the month for food.</li> <li>Quantity of food is a priority over quality of nutritional content.</li> <li>Shame surrounding emergency food access.</li> <li>Limited access to food banks – restricted number of visits.</li> <li>Lack of resources for cheap, affordable nutritious food and meals at times of financial insecurity.</li> </ul>	<ul style="list-style-type: none"> <li>To educate families on budgeting for universal credit.</li> <li>To educate on nutrition to the general public.</li> <li>To provide a sustainable source of nutritious, affordable food to reduce reliance on food vouchers.</li> </ul>	<ul style="list-style-type: none"> <li>To create an online resource to educate about cooking food on a budget.</li> <li>To provide online ideas and advice on how to manage universal credit.</li> <li>To distribute an established food ladder to all those involved in tackling food insecurity in the community. This will allow everyone to see where they can provide support to the community.</li> <li>To liaise with local allotments to give surplus to foodbanks to help the community.</li> </ul>	Healthy, Sustainable, Access
<b>Aim 2: Addressing food poverty and improving access to healthy, affordable food</b>	<ul style="list-style-type: none"> <li>Quantity of food is a priority over quality of nutritional content.</li> <li>Shame surrounding emergency food access.</li> <li>Transport availability to supermarkets, markets and food stalls with affordable, nutritious meals.</li> <li>Prioritisation from families for material products instead of food.</li> </ul>	<ul style="list-style-type: none"> <li>To reduce stigma surrounding food insecurity.</li> <li>To help families prioritise food as part of their daily lives.</li> </ul>	<ul style="list-style-type: none"> <li>To apply for grant funding for resources that can be utilised by other food poverty initiatives and the public e.g a mobile van with affordable food provision to those who need it. This could be distributed from the community including cook and eat sessions or from surplus foods.</li> <li>Possible funding options could come from Lottery funding, Terry Bramhall Foundation, South Yorkshire community foundation and other community initiatives.</li> <li>To educate on the importance of food for good health through an online resource; potentially Good</li> </ul>	Cost

Food Doncaster website				
<b>Aim 3: Working to improve physical and mental health</b>	<ul style="list-style-type: none"> <li>• Lack of knowledge surrounding nutrition.</li> <li>• Lack of resources for healthy cooking.</li> <li>• Lack of access to food stalls or supermarkets with cheap, healthy options.</li> <li>• Reduced cooking skills.</li> <li>• Reduced ability to prepare meals with cheap, nutritious ingredients.</li> <li>• Social isolation – individuals are embarrassed about their situation so avoid contact with their community.</li> <li>• Childhood bullying for low socio-economic status regarding food (exclusion).</li> </ul>	<ul style="list-style-type: none"> <li>• To improve education of children and adults on nutrition.</li> <li>• To improve cooking skills and access to cooking resources for individuals and families.</li> <li>• To reduce social isolation to enable better mental health.</li> </ul>	<ul style="list-style-type: none"> <li>• To educate through an online resource and through sessions with a nutritionist in the community. E.g. based at Goldthorpe Food Bank, Eco Edlington and potentially flourish in Balby. Other community settings include Riverside Care and Support, Doncaster Foyer, Salvation Army Housing Association, St Leger, Changing Lives and Wharf House. There is a potential to develop sessions on YouTube given by nutritionists and accessed by all groups who need it.</li> <li>• To provide access to sites in which people can gather and meet others, whilst also gaining a nutritious affordable meal.</li> <li>• To hold events such as cook and eat sessions which will bring the community together.</li> </ul>	Education, skills, health.
<b>Aim 4: Building community food knowledge, skills, resources and projects</b>	<ul style="list-style-type: none"> <li>• Limited access to equipment for food preparation and storage.</li> <li>• Limited skills for cooking preparation.</li> <li>• Limited resources for cooking nutritious meals.</li> <li>• Lack of community spirit surrounding food and healthy food culture.</li> <li>• Reduced skills of children to prepare meals with healthy ingredients.</li> </ul>	<ul style="list-style-type: none"> <li>• To improve community spirit and culture surrounding healthy food and lifestyle.</li> <li>• To improve community resources to enable access for healthy, affordable food.</li> </ul>	<ul style="list-style-type: none"> <li>• To create a community spirit through bringing together people through food and providing social interaction.</li> <li>• To hold cook and eat sessions within the community to educate on cheaper nutritious food and how to cook them easily at home.</li> </ul>	Knowledge, skills

	<ul style="list-style-type: none"> <li>Lack of individual structure and routine surrounding food.</li> </ul>			
<b>Aim 5: Promoting a vibrant and diverse sustainable food economy</b>	<ul style="list-style-type: none"> <li>Reduced support for local food waste and food start-up businesses.</li> <li>Reduced communication between local community businesses, food insecurity schemes and local public.</li> </ul>	<ul style="list-style-type: none"> <li>To help producers to connect with local consumers.</li> <li>Promote the development and implementation of new policies to achieve sustainable food businesses.</li> <li>To provide business planning, financial support, advice and grants to upcoming local food businesses.</li> </ul>	<ul style="list-style-type: none"> <li>To apply for grant funding to produce an online interactive resource which will link together all food initiatives including food banks, schools and businesses within the area. This will be accessible by the general public to view and also by other food poverty initiatives which are aiming to collaborate with others in the community.</li> <li>Develop a Just Giving page.</li> <li>To explore funding options for communal food events. Cook and eat sessions and advice on budgeting for healthy food can be offered. The proposed mobile van can also go to community food events to offer cheap, balanced meals.</li> <li>To offer support and collaborations to urban farms/local food businesses.</li> </ul>	Support, Communication.
<b>Aim 6: Transforming catering and food procurement</b>	<ul style="list-style-type: none"> <li>Underestimation of the amount of people reaching out to emergency food aid in the area.</li> <li>Reduced ability for residents in the local area to buy meals for cheap and affordable prices.</li> <li>Reduced resources for people to buy nutritious food at affordable prices in immediate area.</li> </ul>	<ul style="list-style-type: none"> <li>To improve provision for affordable healthy produce.</li> <li>To improve resources for individuals and families to improve cooking skills.</li> <li>To improve access to healthy food within local businesses.</li> </ul>	<ul style="list-style-type: none"> <li>To apply for grants and funding to support resources for community food poverty initiatives.</li> <li>This will allow improvement in cooking skills through cook and eat session at community sites, bringing families and communities together.</li> <li>To sell affordable food on a buy what you need basis at</li> </ul>	Affordability, accessibility, local businesses.

	<ul style="list-style-type: none"> <li>Lack of communication between local businesses to promote healthier food practices such as grilling over frying and reducing portion size.</li> </ul>		<p>sites throughout Doncaster e.g Bentley Urban Farm and Manna Café, specific shop opening in areas of need combining community kitchen, library, tea room and shop.</p> <ul style="list-style-type: none"> <li>To encourage local businesses to use local food suppliers and give recognition on menus etc.</li> <li>To have information clear on GFD website and open to all for use in the community.</li> </ul>	
<p><b>Aim 7: Reducing waste and the ecological footprint on the food system</b></p>	<ul style="list-style-type: none"> <li>Reduced utilisation of food waste from supermarkets and local fruit and veg stores.</li> <li>Reduced communication between food banks and local communities to utilise food waste.</li> <li>Reduced communication and contact between community households to combat food waste and food insecurity through food sharing.</li> </ul>	<ul style="list-style-type: none"> <li>To reduce supermarket waste and promote use of unwanted food to local communities.</li> <li>To partner with new businesses to tackle community household food waste and in turn promote food security for those in need.</li> </ul>	<ul style="list-style-type: none"> <li>For businesses and food initiatives to liaise and collaborate to share surplus food and enable food to be made cheaply for the public at certain sites. This will include urban farms and those who already reuse surplus from food businesses to the public e.g. Edlington, Goldthorpe, Homeless shelters, The Real Junk Food Project.</li> <li>To sell food at cost price at the initiative sites throughout Doncaster e.g. 1 egg, 2 potatoes. This would be on a buy what you need basis. DMBC would partner with Doncaster markets to increase community activity within this area. There is the potential for Doncaster markets to cook food based on market surplus.</li> <li>To create alliances with</li> </ul>	<p>Communication, community, food waste.</p>

			<p>other business initiatives that encourage reducing food waste and the sharing of unwanted food throughout the community E.g. the business Olio based in Hull. Olio provides a practical approach to combatting food stigma and insecurity.</p> <p>The services offered will be promoted via Doncaster Council to ensure that the community are aware of such initiatives available to them.</p> <ul style="list-style-type: none"> <li>• To support local food insecurity initiatives/have a specific venue to open in the evening to serve evening meals and also be a repository for surplus food at the end of the day's trading.</li> </ul>	
<p><b>Aim 8: Building social and cultural capital using food as an organising theme</b></p>	<ul style="list-style-type: none"> <li>• Reduced 'healthy eating' culture within the local communities of Doncaster.</li> <li>• Food seen as calories rather than nutrition.</li> <li>• Reduced community aspect of food.</li> </ul>	<ul style="list-style-type: none"> <li>• To create a community food culture and reduce social isolation.</li> <li>• To promote household food sharing to increase community communication and reduce household food waste.</li> </ul>	<ul style="list-style-type: none"> <li>• To apply for grant funding for community resources which will bring together the community of Doncaster, using healthy food as the centre point e.g. a mobile van, resources for food banks and other initiatives.</li> <li>• To educate the community on food and nutrition and the importance of a balanced diet; providing ideas online and face to face of how to achieve this on a limited budget.</li> <li>• To support/gain funding for</li> </ul>	<p>Culture, perception, community.</p>

events which are based around food redistribution, awareness of food poverty and the environment.

**Aim 9: Addressing child, adult and elderly food insecurity**

Child

- Affected behaviour due to reduced access to meals within school hours such as reduced concentration and hyperactivity.
- Low participation in magic breakfast programme.
- Holiday Hunger – parents going without food to feed their children in holiday periods.
- Changes to free school meals under Universal Credit means children aren't getting nutritious meals at lunch time.
- Children's mental, physical and developmental health suffers.
- Holiday provision activities limited in certain parts of Doncaster. Reduced transportation for children to these activities.
- To ensure children are fed meals during holiday periods.
- To help children gain access to regular school meals.
- To assist provision of regular, nutritious meals within families to promote child physical and mental health.
- To increase child education surrounding food knowledge and cooking skills.
- To ensure accessibility to food ingredients.
- To increase knowledge on nutrition and food preparation.
- To increase access to kitchen resources.
- To increase access to healthy, affordable meals in times of financial crisis.

Adult

- To invite local schools to an event to discuss food poverty initiatives such as breakfast clubs with other schools and initiatives.
- This will enable schools to discuss ideas and implement strategies which have worked for others within the community.
- Through applying for grant funding for community resources which children can access during term and school holiday periods e.g. brand new Tea in the Park event and also schools catering facility who have already served hundreds of meals in 2018
- To provide balanced meals whether from surplus or made from cost effective food within cook and eat sessions.

Health, Insecurity, Nutrition, School, Knowledge, Elderly, Community.

Adult

- To provide increased access



- Parents going hungry to feed their children.
- Those who do not live in the area have to travel into the area or pay for children to take part in holiday clubs.
- Direct effect on parental health including increased risk for diet related disease
- Holiday hunger – parents going without food in holiday periods to feed their children.

#### Elderly

- Malnourishment leading to poor physical and mental health of the elderly

- to healthy food ingredients.
- To increase independence of healthy meal provision at an affordable price.
- Increase sense of community for elderly residents living alone.

- This will in turn improve parental health, reducing stress of a lack of food provision for themselves and their children.
- Access to affordable balanced meals will also improve adult physical health; gaining the nutrients they require for short and long term health.
- Support will be given to those initiatives that provide surplus meals to the community through resources such as kitchen equipment and community fridges.
- Community projects and organisations are vast throughout Doncaster, through collaboration and potential interactive mapping of these organisations this will allow for support to be given where needed. Organisations include Doncaster Homelessness outreach centre, changing lives, St. Anne's community services and various food banks and charities.

#### Elderly

- Through the provision of resources e.g.: mobile van or community allotment aimed specifically for the elderly – developing a 'grow and

population.

- Increased hospital admission and falls.
- Limited accessibility to nutritious food due to disability/decreased mobility.
- Reduced independence of food provision and preparation.
- Isolation of elderly residents in the community living alone – increased likelihood of skipping meals and malnourishment.

share scheme'. This would be inclusive of all people and would allow people to share grown food into the community.

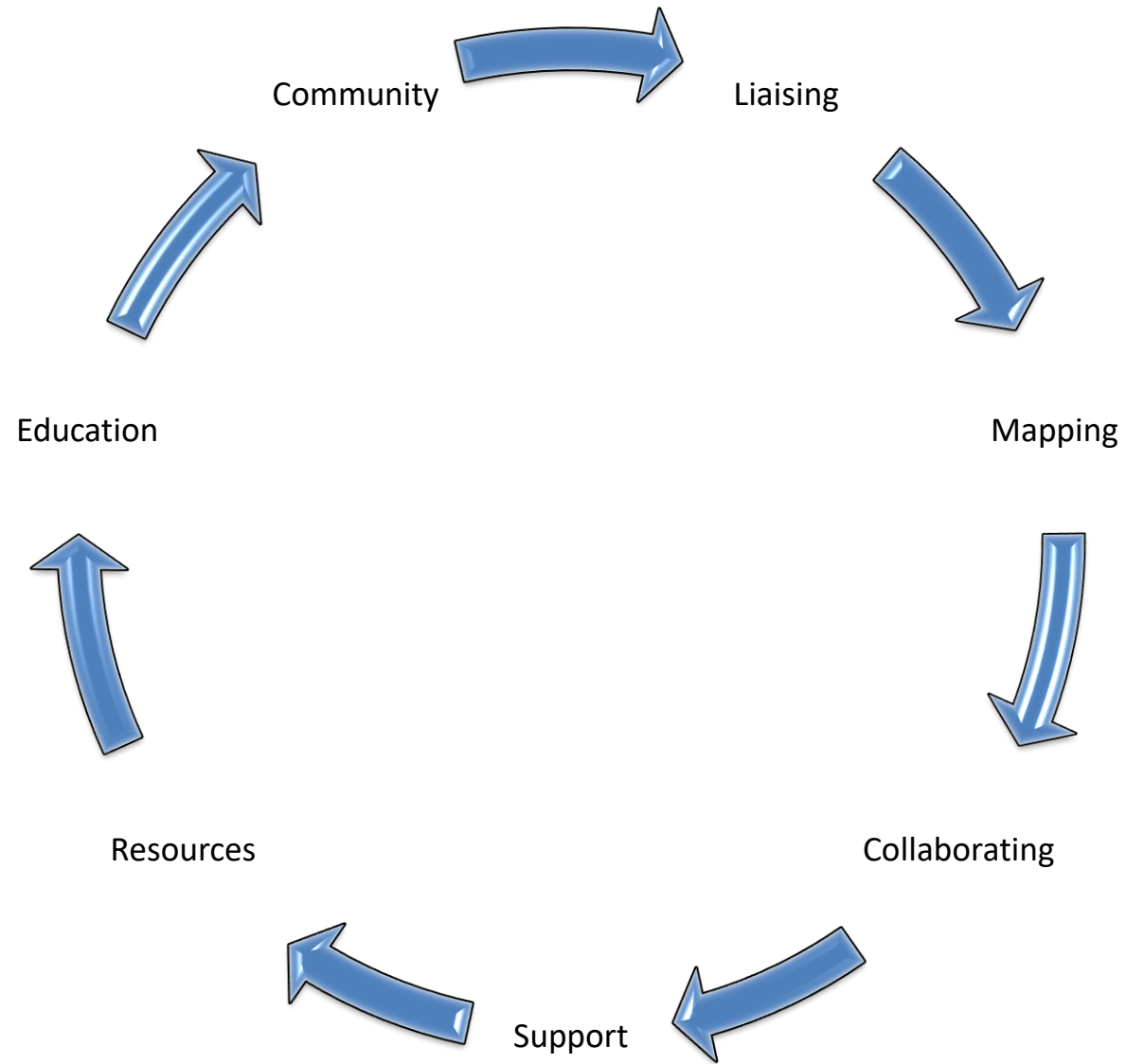
- Meals can also be taken to doors if required and food sold on a 'buy as you need' basis across various locations in Doncaster.
- The elderly can also access proposed initiative sites, this will reduce isolation and create a sense of community spirit. Working with the charity some useful pair ups might be established and they are keen to collaborate.
- To collaborate with Live at Home, a charity based in Doncaster – caring and supporting older people.

# Action Plan Summary

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The key actions suggested as outcomes of this plan are summarised as follows:

- 1) Liaise with other businesses, food banks, initiatives, allotments and urban farms – to discuss how we can all work in partnership to tackle food insecurity.
- 2) To gain funding to map each of these interactively – linking the community together.
- 3) Decide on how each initiative will collaborate. For example, the provision of surplus foods for each other – Junk food project, Bentley urban farms, Flourish at RDASH and the advertisement of cook and eat sessions with nutritionists at each site.
- 4) To work towards each site having a daily pick up of surplus food which can be provided to the community on a pay as you need basis. E.g. picking up only what you need for that day (1 egg, 2 potatoes). We will aim for each site to support and liaise with each other to ensure they have their daily supply of surplus food.
- 5) Resources will be needed to aid this collaboration. Additional resources will be considered with each individual organisation and a plan made on how to gain funding for this. Resources such as a mobile van, community kitchen (we have already located a potential site in Hexthorpe and are in consultation with DMBC) would enable the collaboration of sites and aid collection of further surplus food collection and distribution. Grant applications will be made to community funding initiatives. The van can also visit the community daily during the week with any extra surplus foods, reaching those such as the elderly or families. This could also run during the holidays, when children are on school breaks.
- 6) A website will be considered and maintained by a key stakeholder e.g. Good Food Doncaster, DMBC. There will be tips and advice on how to manage your universal credit budget and how to eat cost-effective for the week. There will also be simple nutrition facts and tips to aid public knowledge and importance of nutrition. This would also be made as a print out for people to collect at each site who don't have access to the internet. A timetable of the local van will also be made accessible. This report will be uploaded onto the site.
- 7) The community will be brought together by collaboration of the same initiative at different sites throughout Doncaster. This will enable the people of Doncaster to work together and reduce food waste, increase cooking skills and reduce hunger.



# Recommendations

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- We recommended that each of the actions from this document to be taken forward would be discrete pieces of work and as such would require the development of an individual business case, which would include a scope, costings and suggested timescale.
- We recommend that a clear understanding of responsibility for each stakeholder group is delineated and that the appropriate infrastructure is put in place to support the next phases of this project. An example of this is who is responsible for hosting the online interactive map and resources? Is this shared between DMBC, RDaSH and Good Food Doncaster or does it sit with one of these stakeholders, or another stakeholder entirely, e.g. Flourish, a social enterprise group.
- This report has been written following community engagement (through a survey and through a face-to-face event). We recommend that engagement with the community and with businesses continue throughout any subsequent phases of this project.
- We hope this action plan will enable the growth of infrastructure to support the empowerment of community organisations.

# References

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1. Doncaster Food Bank (2019). Helping local people in crisis. [Online] Last accessed 28.01.19 at <https://doncaster.foodbank.org.uk/>
2. The Real Junk Food Project Doncaster. Reducing food waste and hunger. [Online]. Last accessed 14.03.19 at <https://therealjunkfoodprojectdoncaster.wordpress.com/about/>

# Appendix 1 – Food Provision Ladder

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**Level 1 – EMERGENCY NEED FOR FOOD**

WHO?	Individuals who experience an acute lack of access to food that would provide sufficient nourishment to meet their daily needs. Examples include: Vulnerability, mental or physical disabilities, health issues, drug misuse, homelessness, Refugees, Asylum Seekers.
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WHY?	No food provision, unable to afford housing/bills, no personal support system, reliance on community initiatives.
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POTENTIAL ACTIONS.	Utilise interactive map for community food resources. Surplus food distribution into the community for those who cannot travel; provision of resources to food banks and homeless shelters, to recognise those who require need in the community through advice packs with food purchased at market stalls, to gain access to community sites to gain meal provision and community support.
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## Level 2 –FINANCIAL INSECURITY AFFECTING FOOD PURCHASING

WHO	Individuals and families who may have accommodation and some income but cannot always access sufficient food to provide nourishment for their daily needs. Examples include children that experience 'holiday hunger', vulnerable adults (of all ages) that are limited through inability to travel to get food and students whose bursary/student loan does not cover whole of their term.
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WHY?	Inability to feed all members of the household. Reliance on food banks, local stores and fast food. Lack of resources in accommodation, knowledge, skills and transport.
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POTENTIAL ACTIONS	Utilise interactive map for community food resources. To access affordable food on a buy as you need basis. For surplus, affordable food to be provided into the community to access those who cannot travel. Online resources for how to manage universal credit/budgeting. Online resource for how to cook cheaply with simple ingredients to make a nutritionally balanced meal. School breakfast clubs, holiday clubs and support to food banks for resources to increase provision for the community. Provision of buy as you need market stalls with low cost price. Provision of food banks and community initiatives.
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**Level 3 – FINANCIAL INSTABILITY AFFECTING NUTRITION**

WHO	Individuals, who are likely to have accommodation and a source of income, however may struggle financially to access food at the end of the month. Examples include low income families, students, those receiving a pension
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WHY?	Those who have a financial crisis, e.g. Unexpected financial Boiler breaking or car needing to be repaired. Poor budgeting skills, parents prioritising children's food intake over their own.
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POTENTIAL ACTIONS	Utilise interactive map for community food resources. Online resource to educate on budgeting, skills and knowledge. School breakfast clubs, holiday clubs which provide food regularly. Surplus food into the community. Market stalls providing a pay as you need initiative with advice on nutrition and food provisions available in the local area.
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#### Level 4 – INSUFFICIENT INCOME AFFECTING FOOD CHOICE

WHO	Individuals and families who have regular income but are limited in the types of food they can purchase due to a lack of knowledge regarding cooking skills, budgeting and key nutritional message. These individuals may rely on fast food. Examples include any member of the general population on an average income.
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WHAT	Not being able to afford nutritious food throughout the month and struggling with food budget at the end of the month to feed themselves and their families. Lack of knowledge and skills in nutrition, cooking and food budgeting.
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POTENTIAL ACTIONS	Utilise interactive map for community food resources. For people to access recipes cards, nutrition advice on how to eat cheaply, lost cost food at the market, food surplus in the community e.g. allotments and OLIO app. Online resource for nutrition knowledge and cooking skills.
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**This food ladder will be reviewed and distributed once actions have been confirmed and implemented. The food ladder should be used as a tool by the community to recognise need and appropriate initiatives available.**

# Appendix 2

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## Food Poverty in Doncaster Survey Monkey Responses 06/02/19

**1: Please list five resources you will need more of in 2019 to achieve your organisations food poverty goals e.g. fridge, warehouse space, transport.**

Venue promotional material
Food packing/storage space. Funds to pay some of the amazing people we've already trained. Catering van. Portable kitchen
Grants for heating our premises grants for 3 full time wages min for our core staff more food urgently.
Help with transport for food collections Freezer space More fresh fruit and vegetables More monetary grants for rent etc
Seeds, planting space, urban growing locations

**2: Please list some examples of ways your community can support you. E.g. volunteers, collaboration with businesses.**

Partnership working - Love Food Hate Waste Campaign
Volunteers. Venues for events/feasts. Collaborators for creative events and happenings. Multi-generational, cross-sector event planning.
Volunteers to undertake a range of tasks at various skills demands links or someone to build links for us with local shops and food manufacturers. bag packers, cooks, someone with a car to collect food at least one night a week money for voluntary collectors travel expenses help to link to the local university to attract more senior volunteers capable of assisting with leadership in return for experience, references, and qualifications IT volunteer to keep our goods in /out records up to date cleaner, and someone to help paint the foodbank area
Businesses could try to help with donating food ie fresh fruit and vegetables
Weeding and maintaining urban growing areas, planting seeds, and veg plants, working with parish councils and allotment holders to use spare land to grow fruit and vegetables

### **3: Describe your relationship with other food poverty initiatives in your area.**

Attend a food bank
We work closely with local schools, churches, charities and community groups to identify needs and create collaborative solutions.
Good. We are on first name terms with fareshare and food go. members of the DMBC led food bank network
We have an excellent relationship with Sainsbury's, Greggs, Co-op and Lidl. Our local schools, Trinity Academy and our churches are very supportive.

**4: Is there anything you would like to see that would increase collaboration within the local communities and agencies?  
Please add any suggestions.**

Promotions to avoid wasting food
More support for grassroots solutions from within the communities themselves.
Invite big store waste managers to the food bank network meetings to discuss joint working
A complete list of all the other food banks in the area, as well as a compilation of all agencies and contact numbers that would be available to us all. More help for those homeless, with direct access to help.
More urban growing, more allotments, more people growing veg in pots in their own gardens, more people growing veg in their own gardens, education about growing your own food, cookery classes using veg and pulses (low cost cooking), education on nutrition in food and lack of nutrition in junk food and fast food - how food impacts on health - where people can forage for food - what is good food to eat when foraging, how to plant complementary veg next to each other, work with community groups and parish councils, schools, and colleges to promote urban growing and promote growing your own veg and fruit

**5. How connected do you feel with small and large businesses in your community?**

A great deal	1
A moderate amount	1
A little	2
None at all.	1

**6: what are the barriers that prevent you from connecting with other organisations in your area? E.g. businesses, other food poverty initiatives.**

Time restraints
Already overstretched, but getting better.
Lack of funding for expenses occurred by our rep to visit stores and manufacturers to secure more food
Lack of information. See 4 above
Time

**7: What do you think needs to be tackled within the local community to improve food security and alleviate food poverty?**

Knowledge of how to access the food
Education. Better and direct understanding of food systems. No more fast food outlets unless they show a capacity for genuine healthy food.
Travel bus passes for unemployed adults increase disposable income for food lower utility bills cheaper suppliers of utilities
Help should be available at first point of contact. People shouldn't be just pointed to Food Banks and told they will get the help. Seems that each agency has a budget but doesn't want to spend it. Just sends people off to the charities and food banks that are struggling to feed people.
As above - teach people low cost but filling and nutritious recipes that they can cook at home

**8: What do you feel the main goals/aims are to improve food poverty throughout Doncaster?**

Awareness
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Stop kids having to beg from other kids in school.
Increase jobs wages that enable household bills to be met
Treat each person as an individual. Not one size fits all. Each person has a different reason for getting into difficulty. Just putting a plaster on an open wound won't help. Encouraging, instead of making people afraid to ask for help.
Not aware of them

**9. How many people do you provide food for in an average week through your organisation?**

1-50	3
51- 200	
201-500	
501-1000	
1000+	