



Liverpool Food People

Together we nourish our city

Sustaining the City

Food growing as part of the
sustainable food city model

Who are we?

- Growers
- Campaigners
- Health specialists
- Cooks
- Environmentalists
- Beekeepers
- Communities
- Individuals
- Farmers
- Bakers



Why do we work together?



Liverpool Food People work together to **SUSTAIN** healthy food activity so that people are **ABLE** to live well, eat well & be well.

What do we do?

- We are part of the Sustainable Food City Network, one of 40 + places working to create a positive healthy food culture where we live.
- Together we deliver our Food Action Plan.



Food Action Plan Themes



- Healthy communities – grow it, cook it, eat it
- Food access – make it easier, make it healthier
- Skills & training – teaching, sharing, helping
- Procurement – make it fairer, make it local
- New enterprise – support, sustain, encourage
- Surplus – don't waste it, redistribute & use it

Challenges for a Sustainable City

- Food poverty or rather, poverty.
- Access to growing spaces and knowing what to do with them.
- Lack of knowledge about cooking with fresh ingredients.
- Inability to feed itself – Nine meals from anarchy?
- Food swamps and food deserts.
- Planning and development.

Why is growing important?

Everton chili peppers



Local apple varieties



Health

Physical



Mental



Solutions?

Space



Sharing



Learning

Sharing knowledge

Fun events



Finding & Using

Wavertree Windfalls



Toxteth Cherries



Thank you for listening

If you'd like to get involved, please contact us:
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