Sustaining the City

Food growing as part of the sustainable food city model
Who are we?

- Growers
- Campaigners
- Health specialists
- Cooks
- Environmentalists
- Beekeepers
- Communities
- Individuals
- Farmers
- Bakers
Why do we work together?

Liverpool Food People work together to SUSTAIN healthy food activity so that people are ABLE to live well, eat well & be well.
What do we do?

• We are part of the Sustainable Food City Network, one of 40 + places working to create a positive healthy food culture where we live.

• Together we deliver our Food Action Plan.
Food Action Plan Themes

• Healthy communities – grow it, cook it, eat it
• Food access – make it easier, make it healthier
• Skills & training – teaching, sharing, helping
• Procurement – make it fairer, make it local
• New enterprise – support, sustain, encourage
• Surplus – don’t waste it, redistribute & use it
Challenges for a Sustainable City

- Food poverty or rather, poverty.

- Access to growing spaces and knowing what to do with them.

- Lack of knowledge about cooking with fresh ingredients.

- Inability to feed itself – Nine meals from anarchy?

- Food swamps and food deserts.

- Planning and development.
Why is growing important?

Everton chili peppers

Local apple varieties
Health

Physical

Mental
Solutions?

Space

Sharing
Learning

Sharing knowledge

Fun events
Finding & Using

Wavertree Windfalls

Toxteth Cherries
Thank you for listening

If you’d like to get involved, please contact us:

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