



Food growing for health and wellbeing

Advisory board meeting

Agenda



- Welcome and intros - Chair
- Overview of the Growing Health project
– Maria Devereaux, Growing Health (Sustain)
- Evidence review; a summary to date
– Margi Lennartsson and Ulrich Schmutz, Growing Health (Garden Organic)
- Case studies presentations
 - Case study 1 - Jane Clatworthy, Grow2Grow
 - Case study 2 - Claire Pritchard, Greenwich Community Development Agency
 - Case Study 3 - Caroline Hutton and Chris Blythe, Growing Birmingham/ Martineau Gardens
- Break 11.30 – 10mins

Agenda



- Group discussions - 10 mins each section and report back
 - Overview - Maria
 - What are the key challenges in engaging the NHS/public health/social care?
 - What are the opportunities (areas of health/ changing structures/ resources) inc referrals, funding, reporting and outcomes?
 - How could Growing Health best provide support?
- Measuring outcomes
 - Overview - Maria
 - Case study 4 – Susan Stuart, Thrive
- Role of the advisory group – discussion led by Chair
- Next steps
- AOB
- Wrap up and close
- Networking lunch 1.30-2.30pm

Project overview



Project overview



College of
Occupational
Therapists





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- Facebook - Growing Health