# Tackling Food Poverty in Flintshire

# **Claire Flint**



# Flintshire County Council

- » 'Rural' North East Wales Council
- » 5 County Towns
- » 65,000 Domestic properties
- » 7,500 Council stock
- » 3176 Entitled to Free School Meals
- » 11,865 Housing Benefit/Council Tax Reduction Caseload
- » 1,185 Universal Credit Claimants







- » 2025 A regional movement to end avoidable health inequalities by 2025
- » Life expectancy in deprived areas is 7 year less and 15 years proceeding death, live in poor health
- » Multi million pound investment regeneration in Flint
- » Affordable homes, extra care facilities, medical centre and modernised three high rises
- Area has been regenerated, did want to just walk away,
  We wanted to focus on after the community and explore the challenges and opportunities to tackle food poverty



#### Food Flintshire

- Created a team of people from different back grounds, Betsi, Universities, Housing Associations, Public Health board Wales we are now called Food Flintshire
- » Group ethos, if you join us expect to get a job!
- » We are carrying out this work with no extra resources
- » Working with a company 'Can Cook' to build a social enterprise to generate a commercial traction and build a legacy to help people access affordable high nutritional food
- » Needed to think more radical to raise profile of food insecurities



# 'Good Food Hubs'

- » Working with 'Can Cook' we have:
- » Visited our communities targeting older people initially to speak to them about eating good nutritional food and the importance of getting out and socialising with people for good well being
- » Plan to set up Good Food Hubs in the communities
- » Nutritional meals, last in the fridge for 7-10 days, affordable prices
- » Order and collect from the hub



## 'Share you lunch'

- » A Holiday Hunger Campaign, we looked at Free School Meals and selected the areas with the highest awards
- » Linked up with the summer play schemes
- » Provide 800 warm meals per day, 20,000 over the 6 weeks summer holidays
- » Used local inelegance to provide the meals in the more rural areas
- » We believe this will be the largest of its kind in the shortest time frame in the UK
- » Received funding from local businesses
- The SHEP programme is also taking place
  In 2 of our schools, 80 children



#### North Wales Food Poverty Alliance

- » Flintshire lead on the Alliance together, that is yet to be named
- » Working together cross region and cross sector
- » We are building on the 2025 movement across the region, sharing good practice and innovative work
- » We will be holding a conference in September





#### Over the Summer and beyond

- Collate and evaluate the information from the 'Share your Lunch' project
- Developing a forward plan working with, Health Board Wales, Betsi, Clwyd Alyn Housing Association, schools
- » Using our passion for the 2025 movement to get the job done



