**Call for Meals on Wheels Case Studies**

**Deadline for Submission [17 SEPTEMBER 2018]**

[Sustain](https://www.sustainweb.org/foodpoverty/london/) and the [National Association of Care Caterers](https://www.thenacc.co.uk/) (NACC) are raising awareness about the potential Meals on Wheels services have to combat malnutrition, food poverty and social isolation in older people, as well as other wider benefits such as preventative support and local employment or volunteering opportunities. In 2016, both organisations teamed up to produce [a series of case studies](https://www.sustainweb.org/publications/meals_on_wheels_case_studies/?section=82) on Meals on wheels which looked into four different models of provision from across the UK. These services were selected for their positive approach to sustaining services in spite of shortfalls in care budgets.

The aim of this call for case studies is to collect and document information on more examples from across the country, which will be presented in a case study report launched during NACC’s ‘[Meals on Wheels Week’](https://www.thenacc.co.uk/events/meals-on-wheels-week) in November 2018. This should be an opportunity to showcase your work.

To participate please answer all the questions listed below and send your submission in Word format to the contact person below.

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**Meals on Wheels: Good practice case study questions**

Name of organisation:

Name of person completing this form:

Email:

Telephone:

1. What is the number of meals served at start and now? What has the growth been over time?
2. What prompted you to start this model? Were meals on wheels provided in your county before you introduced the service?
3. Do you offer add on services to meals on wheels clients (such as safety checks, hydration, etc)? Do you deliver these yourself or through partnerships?
4. Does your organisation offer other services? (such as lunch clubs or personal response alarms etc)
5. Does your organisation offer other services?
6. What are the mechanics of delivery?
7. Does your organisation involve volunteers in meal preparation, delivery, home visits, etc?
8. Has the service you are providing positively benefitted local paid employment?
9. Does your organisation have or is building on strong partnerships with other local businesses and charitable organisations? Can you provide any positive examples?
10. What are your plans for future development of the service?
11. Have you documented the return on investment for your service- if yes can you provide details of this?
12. Have you evaluated the impact of your service in any other way (customer surveys, etc)? If yes can you provide the results of this evaluation?
13. What is the per meal cost to service users? Does the local authority subsidise the per meal cost or otherwise fund the meals on wheels service? How has the level of local authority support changed over time?
14. Please describe your working partnership with the council.
15. Are your meals recognised for meeting health, environmental or other sustainability targets?
16. If you could give one piece of advice to any council planning to close their meals on wheels service to save money what would your advice be?

**Other**

* Please provide pictures, if any, as well as your organisation’s logo for use in the case study.
* We are also looking to present statistics on the correlation between malnutrition, food poverty and meals on wheels in older people at the beginning of the case study report. If you have any statistics on this please provide them in a separate document.