

# Links from Sustain annual conference, Thursday 9 December 2021

Conference materials

The Conference webinar page is <a href="here">here</a>. You will find the <a href="programme">programme</a> and a recording there.

Blog by Sustain CEO Kath Dalmeny on why we need a Food Bill in England

E-action

You can take part in Sustain's Back British Farmers e-action – more better British food to be bought by public sector – by clicking <a href="https://example.com/here">here</a>

Stay in touch

You can sign up to the Sustain newsletter <a href="here">here</a>

Useful links to Sustain materials

You can access Sustain's National Food Strategy hub here

You can find out more about Sustain's <u>Food for the Planet</u> campaign here – please urge your council and food partnership to join in.

The Sustainable Food Places network is 70 members strong, all have thriving food partnerships

Sustain <u>survey of 500 farmers</u> and farmer friendly supply chains and <u>news story</u> on the Sustain site showing how a local food network, building on closer and better relationships in a supply chain can help drive better sourcing, better food and returns for producers - food procurement for public plate can help drive this.

Sustain's Sugar Smart campaign helps organisations to reduce the amount of sugar consumed.

Junk food and drink sponsorship <u>report</u> by the Children's Food Campaign and <u>a blog</u> by Barbara Crowther who leads the campaign. Another <u>blog</u> by Barbara outlines the need to change the school meals agenda towards universal approaches, and ensure it is quality food too.

Case for local food: <a href="https://www.sustainweb.org/publications/the-case-for-local-food/">https://www.sustainweb.org/publications/the-case-for-local-food/</a>

If you are interested in trade and standards: <a href="https://www.sustainweb.org/what-we-do/brexit-and-trade/">https://www.sustainweb.org/what-we-do/brexit-and-trade/</a>

### Info provided in response to questions in the chat

If you'd like to know more about what's happening in Wales please read this blog by Katie Palmer from Food Sense Wales

Friends of the Earth project to help caterers serve climate friendly food: Kale Yeah

Eating Better's guide for local authorities on less and better meat.

## Shameless Plugs!

Real Bread Campaign's unique microbakery handbook, Knead to Know. Details of this, and other Real Bread gifts that support our work, available <a href="here">here</a>.

Food Ethics Council <u>#FoodTAlks</u> take place on December 15<sup>th</sup>. Register to explore COP 26's legacy and next steps for accelerating climate action, hearing from leading young voices that were in Glasgow.

Alliance to Save our Antibiotics has <u>a petition</u> calling on supermarkets to extend their antibiotic policies to branded produce and imports

Links to the Alliance to Save Our Antibiotics report on supermarkets and antibiotics:

# Organisations who shared their websites/details

www.brightonfoodfactory.org

<u>localfoodhub@foodexeter.org.uk</u>, working to feed Exeter City from its surrounds, all organic. Devon already has highest # of organic farmers in the UK and we need 2500ha converted to serve 17% of the City food needs.

<u>www.grffn.org</u>. Growing Real Food for Nutrition CIC (Grffn) @Grffn\_CIC learning how to grow, measure and promote the benefits of nutrient dense food for better citizen and planetary health.

Better Food Traders: network of support for ethical food retailers aiming to harness demand to support agroecological/organic farming <a href="https://betterfoodtraders.org/">https://betterfoodtraders.org/</a>

Bedside Kosher, which distributes free & fresh Kosher meals to Jewish patients in hospital

Food Research Collaboration

Produce & Provide

eastbrightonfoodcoop.uk

Subscribe at Wicked Leeks or follow on twitter @wickedleeksmag

#### Resources shared

Kelly Parsons' mapping of gov food policy: <a href="http://www.ccri.ac.uk/sharpparsonsblog/">http://www.ccri.ac.uk/sharpparsonsblog/</a>

The Sustain team have recently been inspired by some work on local food movements in the US by <a href="Chris">Chris</a> <a href="Newman">Newman</a> which might be of interest.

The Regenerative Agriculture and Human Health Nexus: Insights from Field to Body

Greggs were one of six businesses to welcome the NFS recommendation on mandatory reporting.

Find out more on Beyond GM's view on the National Food Strategy here

Find out more on community supported agriculture and GM <a href="here">here</a>

Brief by Beyond GM and GM Freeze, Key Issues in the Deregulation of Gene Editing is available here

Analysis and perspective on government plans to deregulate gene editing: Policy and Regulation of New Genetic Technologies – Editing or Evisceration?

Genome editing – what are the consequences for agroecology?

Here is a link to the Welsh Government's <u>Programme for Government</u>, up-dated this week with the commitment to free school meals for all primary school children. It also includes developing a community food strategy. The school meals commitment has come about through a co-operation agreement with Plaid Cymru: short summary on inequalities at global and national levels: <a href="https://wir2022.wid.world/www-">https://wir2022.wid.world/www-</a>

site/uploads/2021/12/Summary WorldInequalityReport2022 English.pdf

Article in <u>Science Daily</u>. Time to shift from 'food security' to 'nutrition security' to increase health and well-being

Strong and Bitter Vegetables from Traditional Cultivars and Cropping Methods Improve the Health Status of Type 2 Diabetics: <u>A Randomized Control Trial</u>

Information on the **Good Food Nation Bill** in Scotland

Article about \$1.1 trillion USD spent on food in America last year (includes food sales, production of food and logistics). Cost of remediation (poor health, environmental impact, etc) is calculated to be \$3.2 trillion USD.

Dynamic Food Procurement resources are now available here after the online launch that happened yesterday: <a href="https://www.dpukfood.co.uk/takeaction">https://www.dpukfood.co.uk/takeaction</a>

What is the evidence for the impact of gardens and <u>gardening</u> on health and well-being: a scoping review and evidence-based logic model to guide healthcare strategy decision making on the use of gardening approaches as a social prescription

THE POWER of the PLATE, The Case for Regenerative Organic Agriculture in Improving Human Health

Some great work on this access to <u>land and local growing opportunities in Wales</u>

we need to shift funding and perverse subsidies and research focus towards biodiverse agroecology. See Nov 2021 report

https://www.cofarm.co/

Cumbria Action for Sustainability has developed a really interesting approach to growing more local veg and making it more easily available. More <a href="here">here</a>