

Prescribing Gardening

Making green care a natural part of the health service

Wednesday 27th May 2015, 11am - 4.30pm

Phoenix High School, The Curve, Shepherds Bush, London, W12 0RQ

A conference for healthcare professionals by Hammersmith Community Gardens Association and Growing Health supported by The Federation of City Farms and Community Gardens.

Programme includes information and advice from practitioners and case studies of therapeutic gardening projects. There will be a tour of the farm and hands on activities from 11am -12.30pm followed by lunch 12.30pm -1.30pm.

Main Conference Programme

1.30pm-4.30pm followed by drinks

Chair: Dr Rachel Bragg

Deputy Director of the Essex Sustainability Institute (ESI) and Senior Researcher in the Green Exercise Research Team at the University of Essex.

Commissioning gardening and food growing to promote health

Professor Jeremy Levy MA PhD FHEA FRCP - Director of Education and Quality, Health Education North West London.

Gardening for health - a GP's perspective

Doctor James Cavanagh, GP at Brook Green Medical Centre and CCG board member.

The Gardens for Life Project

Susie Crome, Public Health Locality Manager, London Borough of Tower Hamlets.

Growing plants, growing people, growing communities

Case study HCGA - Kevin Bittan, Project Coordinator and previous volunteer.

Case study HCGA - Plant a Seed, Grow Well project.

Nature therapy within a dementia service

Andrew Waterhouse, Occupational Therapist, Hammersmith & Fulham Cognitive Impairment and Dementia Service.

The Royal Borough Environment Project - developing community gardens

Terry Oliver, Environment Manager in Kensington and Chelsea.

You can attend all or any of the programme.

Suggested donation £20

To book visit <http://prescribinggardening.eventbrite.co.uk>



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