



Jobs & Activities Ideas

#GoodToGrow2021

A variety of people may want to join in Good to Grow Day. It's up to you if you would like to host physical volunteers and/or just run a series of online events. Below is a list of ideas for both in-person and online activities. Please check the health and safety document for guides on how to host a Covid-safe physical event. This is a great opportunity to get your longer-term volunteers in sessions, both in person and virtually.

If you can, advertise the time of different activities in advance to help new volunteers decide when to come and what to expect. Add this information to the Good to Grow map online and let us know so we can help promote it.

Ideas for activities online:

- Online garden tour and Q&A session
- 'How to' sessions led by your volunteers/staff. Eg. What to grow in April, how to plan your season, how to compost etc.
- For more specific tutorials, growing, crafting sessions, we recommend you curate these with at least a few days' notice before the Good to Grow weekend so that attendees can sign up and know what materials they need to join in. Examples of these sessions could be:
- Family craft sessions eg. Make a bird feeder, stone painting, garden on a plate, storytelling, potato printing.
- Paper potter and seed sewing session (tutorial at the bottom of this document). You might want to offer to send seeds out to registrants
- Sowing seeds – using the Food for Life Get Together resources (also within this toolkit) to run a session sowing seeds of your favourite fruit and veg in creative ways .

As events moved online during lockdown, many more people are now comfortable using tools like Zoom, Teams and Google Meet. Setting up an online event is easy to do and sessions can be recorded and shared to reach a wider audience. Within this toolkit, you will also find a guide to virtual meetups. If you're more comfortable using social media - you could try using Facebook or Instagram Live for your event.

Please let us know if you have any questions.

Ideas for in person activities:

We recommend you do not have more than 6 people in the garden at a time, including the person/people running the session. To ensure you don't have people show up on the day, please ask people to register for each session separately and give them an allocated time slot. Please make sure you fill out appropriate risk assessments and print out Covid signage within this toolkit to put around your garden.

- Plant trail – create a map of your community garden with a set route that people can follow with plants they can identify and/or harvest from
- A walking seeds and plant swap
- Prepare beds for growing by turning the soil and adding fresh compost (tools will need to be sanitised before and after use)
- DIY projects: Do you need to put up a shed? Or build a polytunnel? Enlist a regular volunteer with experience to lead new volunteers in a bigger project like construction Sow seeds for the garden, or for people to take home
- Use the Paper Potter tutorial on the back of this sheet to make small paper pots for seedlings from newspaper Make decorative or informative labels for seedlings or plants around the garden
- Plant identification game: Print off pictures of plants that you grow and challenge people to match the correct seed with the plant
- Decorate the garden: Run upcycling sessions to help people make new decorations from old materials in the garden
- Prepare a fresh-picked salad for lunch from the garden Make herbal teas as refreshments on the day, or let volunteers pick and take home an assortment of herbs for salts, teas or seasoning. *You need to ask your volunteers to bring their own cups.*
- Turn compost (*tools need to be sanitised before and after use*)
- General garden touch ups: Does your gate need a new coat of paint? Could you do with a spring clean? Need to sort out those old pots?



Paper Potter Tutorial

Instructions from [Nether Wallop Trading Company](#)

This can be done using a wooden paper potter (available online), a rolling pin, plastic pot or any other cylindrical items in the garden. Get creative!

- 1) Cut dry newspaper into strips approximately 8 x 60 cm.
- 2) Roll strip around the bottom of the pin and fold excess paper over the bottom of the potter.
- 3) Press potter firmly onto hard surface and twist.
- 4) Remove paper pot from potter/pin/pot mould, fill with compost and you're ready to plant!

The paper pot can be planted directly into the soil and will then degrade over the season.

