Local Food Links Ltd

Making good food affordable and accessible
Local Food Links Ltd is a social enterprise in West Dorset, which:

• runs a specialist workspace, the Centre for Local Food;

• runs a community catering service, supplying 23 primary schools through Bridport and Blandford hub kitchens;

• has developed a range of community food initiatives, including cookery workshops and vocational training;

• is currently piloting local food catering services for the elderly.
West Dorset and Weymouth

West Dorset
Farmers and Growers
1. Barnes Beef
2. Barton Meadows
3. Beckland Farm
4. Bookhampton Botanics
5. W J Chilcott and Co
6. Coleman Moor
7. Crabbs Blundehay Farm
8. Craig Farm Dairies
9. Denhay Farms Limited
10. Dorset Fresh Fish
11. Down House Farm
12. Elwell Fruit Farm
13. Fooms Vale Honey
14. Heritage Prime
15. Higher Silway Farm
16. T R Horsington & Sons
17. The Kingscote Centre
18. Kils Field
19. L & C Game
20. Lake Farm
21. Longmeadow Organic Vegetables
22. Magdalen Farm
23. Manor Farm: Godmanstone
24. Manor Farm: Stoke Abbott
25. Maperton Moor
26. Modbury Farm
27. Ogdencrook - Evolving Systems
28. Papilto Pigs
29. Plantaholix
30. Sea Spring Farm
31. Summerlands Poultry
32. Sunny Side Happy Hens
33. Sunny Side Farm
34. Tamworth Farm
35. Tinnis Farm
36. Yelands Farm
37. Washington Farm
38. Waygrove Wild Sour
39. West Hendford Farm
40. White Street Farm
41. Wootton Farm
42. Wyld Meadow Farm

West Dorset Local Food & Drink Businesses

- Alington Dairies
- R J Raison & Son
- Blandy's Farm Shop
- Bridport Smoko
- Bridge Cottage Stores
- Brownell Market
- Chideock House Hotel
- Dairymaid
- Emma's Delicatessen
- Exmoor Preserves
- Forest Products (UK) Ltd
- Fox Inn, Corfe Castle
- Trelawny & Sons, Beaminster
- Fruit 'N Two Veg
- Fruits of the Earth
- Green Yard Cafe
- M R and L Hartley
- Harry's Beard
- Hanger's Dairy
- Leckies
- Manor Hotel
- Market Day Projects
- Marsh Farm Restaurant
- Martin's of Looe
- S Moors
- P & J Butchers
- Perry's Restaurant
- Pear Tree
- Mrs Poole's Kitchen
- Post Office Stores
- Puddings and Pasties
- Sabin's
- Summer Lodge Hotel
- Bungay
- Three Horseshoes
- Thurland Cottage Limited
- Trewent's
- Uldyke Butchers
- West Dorset Community Trading Co
- Wielwrights
- White Hart
- White House Hotel
West Dorset Food Week & Bridport Food Festival
Farmers’ Markets
Bridport Centre for Local Food
Bridport Centre for Local Food
School Fruit Scheme
Soup Lunch Pilot
Soup Lunch Pilot
New Central Kitchen at Centre for Local Food
Local Food Links: ethical sourcing

• Meat – Genesis Farmers
• Milk – Coombe Farm
• Yogurt – Yeo Valley
• Butter – Denhay Farms & Coombe Farm
• Cheese – Denhay & Coombe Farm
• Flour – Edward Gallia, Cerne Abbas
• Eggs – Vurlands Farm
• Vegetables in season – Bothen Hill Organic, Washingpool Farm, Somerset Organic Link
• Fruit in season – Elwell Farm
• Bread – Leakers, Punch & Judy Bakery
• Food service – Essential Trading
Vocational Training

- Contract with 3 local secondary schools
- Contract with Children Out Of School Service
- 24 students over 3 days
- Year 10 and 11
- NVQ levels 1 and 2
NVQ Training in Catering
Spectrum of potential catering activities

High subsidy

“Free” meals

School meals

Meals on Wheels

Lunch clubs, Care homes, Day centres

Local/organic take home meals

Low subsidy

Training restaurants

Cafes & Juice Bars

Take home family meals

No margin

Low margin

High margin
Local Food Links: Balancing Demand through Diversification

Sales

Private sector sales: focused on Xmas, Easter & Summer

School meals sales

Sales to older people & other groups in the community

Time of year

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec
Older People – The Age Range

50  60  70  80  90  100+

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Older People and Food – From Independence to Care

Independent

- Cooking at home – no mobility or disability issues
- Living at home & attending lunch clubs, workshops, etc

Less independent

- Eating at home – lack of mobility or disabilities an issue
- Nursing home – meals provided and may require assistance
- Care home – meals provided
Older People and Food – A spectrum of food initiatives

- Local Food Clubs to access affordable produce
- Lunch clubs with catering supplied by central hub
- Community kitchen sessions
- Day centres with catering managed by central hub
- Prepared meals delivered to homes & cooked by carer
- Care homes – with catering managed by central hub
- Nursing homes – with catering managed by central hub
Initial Food Preparation at Central Kitchen

Satellite Kitchen at Care Home

Satellite Kitchen at Day Centre

Satellite Kitchen at Nursing Home

Personnel Development & Training

Menu Development

Sourcing/ Purchasing

ICT systems

Financial Systems
Funders:

Communities for Health,  Age Concern,  Help the Aged
Contact:

• Tim Crabtree
• 07799 014867
• tim.crabtree@localfoodlinks.org.uk