

Spreading Success, Sharing Solutions

UK Liaison meeting
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An Introduction to UK Liaison & The Food Poverty Project

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Introduction



- Who are we?
- What does the Food Poverty Project do?
- What do we mean by food poverty?
- Developing the Food Poverty Network
- Looking to the future
- UK Liaison

The Food Poverty Project (FPP)



- The FPP is the only English network of community food projects tackling the underlying causes of food poverty. The FPP's network currently consists of about 300 food projects working with disadvantaged communities. Along with providing this network with information and advice, the FPP is developing policy recommendations to tackle the underlying causes of food poverty, to empower disadvantaged communities to ensure the food system works for them.



So what do we do?

- Two members of staff plus volunteers
- Network
- Campaigning
- Communications and Out reach
- Fundraising



What is Food Poverty?

- Includes a number of factors, not just linked to food
- Dietary intake of nutritionally poor foods or lack of intake of adequate food
- Under-consumption of fruit and vegetables
- Social and physical environment
- Social capital & sense of community
- Income & employment
- Traditions/beliefs & influence of family
- Food Access – Access, Availability, Awareness, Affordability

Food Poverty & Food Choice



- *Accessibility* –links directly to physical access, the presence of shops and an individuals ability to reach them. The biggest problem is often the lack of food shops in an area.
- *Availability* – The opportunities a person has to purchase healthy food. Local shops may not stock healthy options due to a shorter shelf life, lower profit, a perceived lack of interest or a shortage of storage options.
- *Affordability* – Actual and perceived
- *Awareness* – Lack of knowledge or skills required to cook foods from scratch, perceived affordability & misinformation

Developing the Food Poverty Network



- Surveying current members
- Consultation
- Membership
- Website
- Information and resources
- Support and interaction with network

Looking to the Future



What are we up to?

- Newsletter/Website/House style
- Relaunching the network
- Campaign development
- Fundraising

UK Liaison



- FSA wanted to bring together Community Food Initiatives across the UK to share good practice and learn about new work and increase the impact of individual projects.
- Partnership between England, Wales, Scotland, Northern Ireland and the Republic of Ireland.
- Hope to hold regular events in the future across countries.

We want your views!



- What works and what doesn't?
- What are the best ways to tackle food poverty?
- How can information be spread more effectively?

Questions?

