Food For Thought

- Down on the Farm
- February lambing is in full flow this time of year
Amy the Cow visiting the school
Down on the Farm in Winter

Dairy Cows eating Silage, winter feed as the fields are too wet.
Three Generations
Preparing the soil for sowing
Food For Thought

- Breakfast the Best meal of the day.

- Healthy breakfast Orange juice ,

- Cereals, Toast , Milk Shake with fresh fruit.
Combine Summer Harvest
Bread

• What ingredients makes bread?

• What kind of Farmer grows wheat?

• What kind of Farmer looks after Cows?

• What kind of Farmer looks after sheep?
Food For Thought

• How far has your food travelled?

• How do we make butter?
Breakfast the Best Meal of the Day.

What is in a healthy breakfast?

What do you have for Breakfast?

What would you like for breakfast?
Food For Thought Project

• Fruit Tasting
• Not all children like the texture of whole fruit but will drink milkshake or smoothie with fruit in it.
• Have a hands on approach.
Food For Thought

• Thank you for taking part in the programme.
• What did you remember about the project?
• What was the best part of the project?
• Eat Breakfast like a King
• Eat Dinner like a prince
• Eat Tea like a pauper