

Glasgow Food & Health Framework 2001 -2006

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Services




Multi partnership approach

- GCC - DACS, Education, Environmental Health
 - NHSGG - Health Promotion, Dietetic Services
 - Glasgow University
 - Community Projects
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to ‘maximise awareness, availability, access and affordability of safe and nutritious food for everyone but particularly for people living in deprived communities or who experience local social exclusion’.

- *to address action on improving children’s diet*
- *to improve access for excluded communities particularly by supporting community food initiatives to improve awareness, availability, choice and affordability*

Achievements

- Practical contribution and strategic influence of Food and Health, an active and successful partnership working model.
 - A springboard for action as agencies and local organisations can work together towards a central, core document of priorities with common outcomes.
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- Developed a greater holistic appreciation of wider social component to health improvement and nutrition and the need for effective integration with other partners
- Change in mindset and understanding on common outcomes, amongst major statutory agencies in particular, a sense of cultural shift in the level of trust and willingness to commit to working in partnership

- Education and Direct & Care Services - significant good working practice regarded as having a relatively significant knock on effect on willingness to work together on shared outcomes and optimisation of the end product and service delivery.
- Community organisations acknowledge the value and support in creating an active document providing direction in shaping and delivery of local health & nutritional related work issues.

Addressing action on improving children's diet, which the Framework is viewed as having contributed and delivered effectively in relation to Priority Action Plans, one of the main achievements.



Improving Children's Diet: Key Areas of Achievement

- Food Provision in Schools
- Water in Schools
- Fruit in Schools / Fruit
- Breakfast Provision
- Service Development of Whole Nursery Approach to Nutrition and Oral Health
- Launch of NHS Greater Glasgow Infant Feeding Policies & Guidelines for Health Professionals
- Weaning fayres

Pre 5 Programmes

Child Smile - child & parent <23 months (West of Scotland)



Tooth brushing Nursery Schools – not yet 100% (Scotland)



OHAT (Oral Health Action Team)



Weaning Fayres – 4 months old approx 50% attendance



Smile Too – Food & snack policy, curriculum activities Nursery



Free Fruit



Primary & Secondary School

Health Promoting School, Hungry for Success
(Primary & Secondary)– Concept, environment,
curriculum & extra curriculum activities

Tooth brushing Programme –
P1 & P2 in worst 20% area

Fruit in Schools (primary)– 3 days/week

Active School
Programme

Breakfast
provision
(primary)

Free water in
school (primary)

Fruit in Schools – 5
days/week
(primary)





“It is the prerogative of SIPs, LHCCs and community groups to choose the issues which they wish to pursue at a local level and where they can expect support from the statutory agencies in so doing”.

Consultation in 7 SIP areas with local stakeholders

- 14 Community Cafés, 5 Obtained the Scottish Health Choices Award
- Supermarket Intervention & Green vegetables
- Milk Token Evaluation
- Response to Department of Health, 9 Community Projects
- **Glasgow First Foods Weaning Programme**

Working group with
reps. from 5 SIP areas

- Practise developed
from Milton food
project
- Partners own
experience

5 SIP areas

11 Health centres/Clinics

102 health Visitors

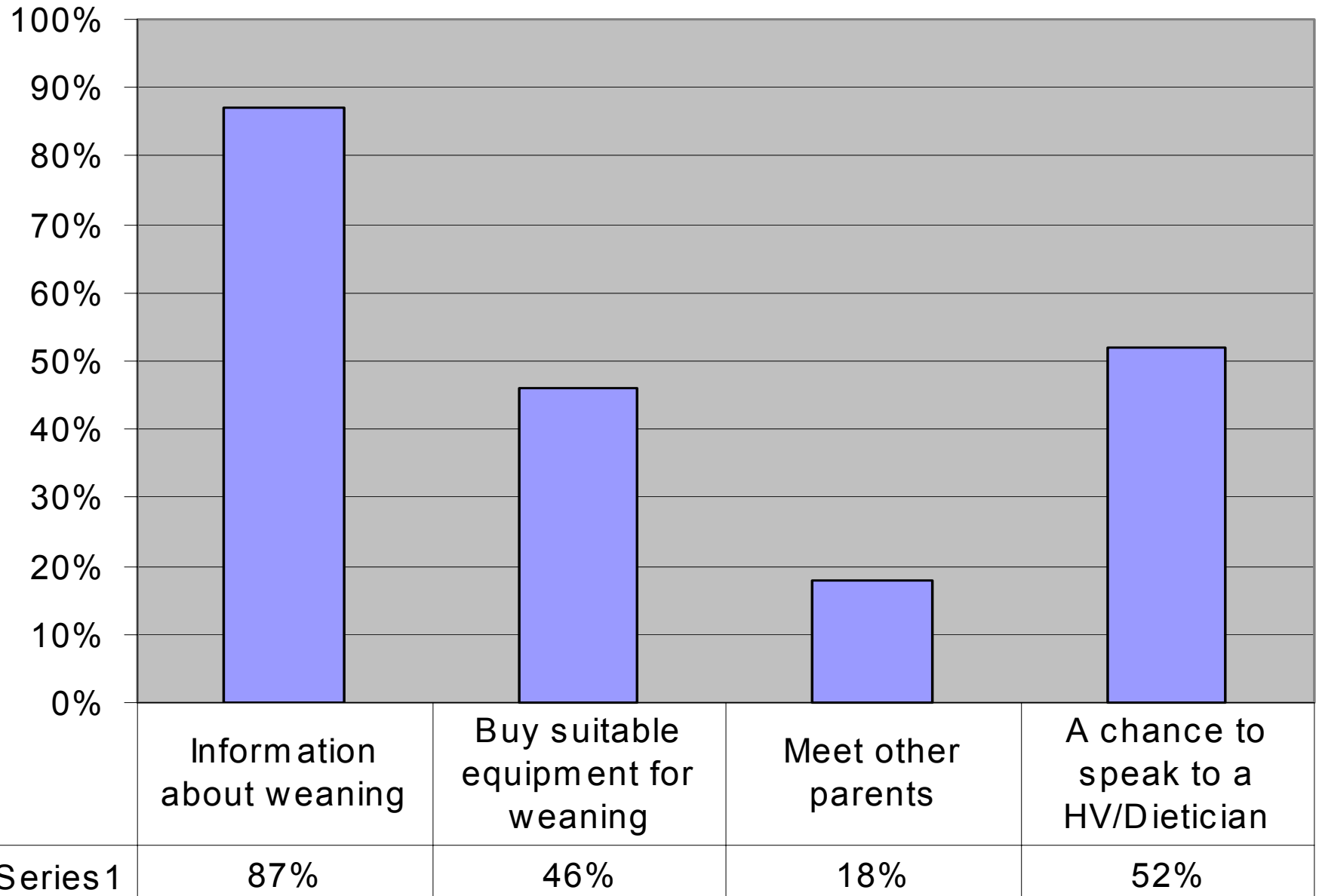
6 Dieticians

4 Oral Health Promoters

5 Community Projects



What were you hoping to get by attending the session?



How good was the course?

1	2	3	4	5	6	7	8	9	10
							♥		♥♥♥♥♥♥♥♥♥♥ ♥♥♥♥♥♥ ♥♥♥♥♥♥



How successful do you think this project has been?

	1	2	3	4	5	6	7	8	9	10
HV			♥♥♥	♥♥	♥♥	♥♥♥♥	♥♥♥♥♥♥	♥♥		
D							♥♥♥♥♥♥			
CP							♥♥♥♥	♥♥♥		
OHP								♥♥♥		♥
O							♥		♥	
OCV								♥♥♥	♥	

1. Weaning sessions

- User friendly & well organised
- 29% attendance rate now approx 50%
- 93% attending sessions purchase pack
- Participants very much appreciated receiving information about weaning
- Appreciated meeting with health professionals
- Mean rating 8.7 out of 10

2. Suitability and use of weaning pack

- Fruit and vegetables were used in weaning and mothers had increased own consumption
- Most babies were weaned around 4 months
- Pack content was much appreciated and perceived to be appropriate and well used

3. Get Cooking, Get Shopping

- Content and delivery of course highly rated and much appreciated
- Low recruitment rate
- Skills learned, chopping skills, changing recipes, using herbs, reading food labels, budgeting, understanding how to cook and increased cooking confidence

4. Partnership working

- Enhanced understanding & respect of different roles played
- Strengthened partnership between primary care & community projects
- Confident parents asking fewer basic questions regarding weaning
- Role of Health Visitors crucial but must increase the promotion of sessions

5. Logistics of programme

- Cost of packs reduced due to centralised purchasing (£11.50 down to £7.34)
- All partners stressed the importance to continue with sessions
- Include asylum seekers and refugees more actively
- Venues too small (potential new ones with the Faith Community)