Healthy Food for All

Food & Health Policy for 0-5 years in Ireland

Sinéad Keenan
20th June 2007
Glasgow
National Nutrition Policy

“Promote healthy feeding practices for infants and young children (0-5 yrs)”

“Contribute to healthy eating and a reduction in food poverty for infants and young children (1-5 yrs) in socially disadvantaged areas.”

“Work in partnership with relevant agencies to implement recommendations to help reduce food poverty with particular emphasis on children.”
Other Relevant Policies

- WHO/EU Legislation
- National Taskforce on Obesity
- Towards 2016 – new Social Partnership Agreement
- NAPSIncl
- National Children’s Strategy
Current Policy Guides & Resources

- Breastfeeding Policy
- National Breastfeeding Guidelines
- HSE Healthy First Steps – *Good Nutrition from Pre-Pregnancy through to Infancy*
- Pre-School Healthy Eating Guidelines
- Infant Feeding Guidelines for Direct Provision Centres
- Smart Start
Who Delivers?

Dept. of Health & Children
Health Service Executive (Population Health/PCCC)
Maternity Services
Community Dietitian
Public Health Nurses
General Practitioners
Local Health Centres
Preschool Services
Local Community Groups
Healthy Food for All

Source of Information
Identify Gaps in Service Provision
Advocacy Role

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