

Healthy Food for All

Food & Health Policy for 0-5 years in Ireland

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Glasgow



National Nutrition Policy

“Promote healthy feeding practices for infants and young children (0-5 yrs)”

“Contribute to healthy eating and a reduction in food poverty for infants and young children (1-5 yrs) in socially disadvantaged areas.”

“Work in partnership with relevant agencies to implement recommendations to help reduce food poverty with particular emphasis on children.”



Other Relevant Policies

- **WHO/EU Legislation**
- **National Taskforce on Obesity**
- **Towards 2016 – new Social Partnership Agreement**
- **NAPSIincl**
- **National Children's Strategy**



Current Policy Guides & Resources

- **Breastfeeding Policy**
- **National Breastfeeding Guidelines**
- **HSE Healthy First Steps – *Good Nutrition from Pre-Pregnancy through to Infancy***
- **Pre-School Healthy Eating Guidelines**
- **Infant Feeding Guidelines for Direct Provision Centres**
- **Smart Start**



Who Delivers?

Dept. of Health & Children

Health Service Executive (Population Health/PCCC)

Maternity Services

Community Dietitian

Public Health Nurses

General Practitioners

Local Health Centres

Preschool Services

Local Community Groups



Healthy Food for All

Source of Information

Identify Gaps in Service Provision

Advocacy Role

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