Healthy Food for All

Sínéad Keenan
Project Co-ordinator

8th November 2007
UK Liaison Project
What is Healthy Food for All?

- Involves Govt Depts, Public Bodies, Health Services, NGOs, N/S
- Address barriers to healthy food, relating to access, affordability and availability
- Completing 15 month development phase, looking to expand activities for 2008 +
How did we get here?

- Series of Roundtable events, presentations to Oireachtas Committees, policy submissions and discussions with key stakeholders
- Feasibility Study
- Funding Proposal
- Funding received from HSE, DoSFA, SafeFood, FSAI, CPA
What is food poverty?

- “Inability to have an adequate and nutritious diet due to issues of the affordability of and access to food” (Friel & Conlon; 2004)

- Key Features: **Access, Affordability, Availability, Awareness**
Who does it effect?

- 1 in 5 At Risk of Poverty (EU-SILC)
- 290,000 in Consistent Poverty
- 1 in 5 Children (NUI Galway 2006)
- Vulnerable Groups – Lone Parent Families, Elderly, Travellers, Ethnic Minorities, People with Disabilities, Children
Policy Context

- welfare adequacy
- health inequalities
- educational disadvantage
- food production & distribution
- retail planning
- food safety issues
Purpose of HFfA

- **Vision** – “No person on the island of Ireland is denied a nutritious diet for reasons of affordability or accessibility”

- **Aim** – harness a range of interest groups as a network, committed to working, at both policy and community level, towards a society where everybody has access to a healthy and affordable diet.
Activity of Work

- HFFA operates on 3 levels:
  - Community
  - Network
  - Policy
HFfA Structures

- Project Co-ordinator

- Management Group

- Advisory Committee
Benefits of Community Food Initiatives

- Social Exclusion
- Health Inequalities
- Educational Disadvantage
- Community Involvement
- Partnership Working

CFI’s have a positive impact both on the target group and for the wider community.
Cross Border Networking Activity

- Growing Evidence Base (North/South)
- Networking Events
- Website
- Directory
- Good Practice Guides
- UK Liaison Project
- European Federation of Food Banks
Thank You!
skeenan@healthyfoodforall.com