

## Useful links from the Sustain conference

### Intro and key note

Kath Dalmeny	
Ha-Joon Chang	Ha-Joon Chang book, Edible Economics <a href="https://uk.bookshop.org/books/edible-economics-a-hungry-economist-explains-the-world/9780241534649">https://uk.bookshop.org/books/edible-economics-a-hungry-economist-explains-the-world/9780241534649</a>  Link to Edible Economics by Professor Ha-Joon Chang: <a href="https://uk.bookshop.org/books/edible-economics-a-hungry-economist-explains-the-world/9780241534649">https://uk.bookshop.org/books/edible-economics-a-hungry-economist-explains-the-world/9780241534649</a>
Ben Reynolds	

### Panel One

Orla Delargy	
Sabine Goodwin	IFAN – cash first leaflets <a href="https://www.foodaidnetwork.org.uk/cash-first-leaflets">https://www.foodaidnetwork.org.uk/cash-first-leaflets</a>  IFAN at Select Committee on food security <a href="https://committees.parliament.uk/oralevidence/11922/html/">https://committees.parliament.uk/oralevidence/11922/html/</a>  Sabine Goodwin opinion piece <a href="https://www.bigissue.com/opinion/food-banks-are-at-breaking-point-we-need-to-change-the-script/">https://www.bigissue.com/opinion/food-banks-are-at-breaking-point-we-need-to-change-the-script/</a>  IFAN - recent joint letter to the PM - <a href="https://ifanuk.org/PMjoint-letter">ifanuk.org/PMjoint-letter</a> IFAN opinion piece in the BMJ “Ending the food bank paradox” - <a href="https://www.bmj.com/content/379/bmj.o2919">https://www.bmj.com/content/379/bmj.o2919</a>  [IFAN infographics - <a href="https://ifanuk.org/infographic">ifanuk.org/infographic</a> and <a href="https://ifanuk.org/infographic3">ifanuk.org/infographic3</a> ]  IFAN E action to MPs - <a href="https://ifanuk.org/takeaction">ifanuk.org/takeaction</a>  Main IFAN data link - <a href="https://www.foodaidnetwork.org.uk/data">www.foodaidnetwork.org.uk/data</a>  Pushed to the Edge: Poverty, food banks and mental health report - <a href="https://www.foodaidnetwork.org.uk/blog/mental-health">www.foodaidnetwork.org.uk/blog/mental-health</a>

Katharine Jenner	<p>Obesity Health Alliance news and blogs  <a href="https://obesityhealthalliance.org.uk/news/">https://obesityhealthalliance.org.uk/news/</a></p> <p>OHA Turning the Tide – a 10 year healthy weight strategy  <a href="https://obesityhealthalliance.org.uk/turning-the-tide-strategy/">https://obesityhealthalliance.org.uk/turning-the-tide-strategy/</a></p> <p>Sugar Reduction targets missed and success of the Soft Drinks Industry Levy  <a href="https://www.sustainweb.org/news/dec22-sugar-reduction/">https://www.sustainweb.org/news/dec22-sugar-reduction/</a></p>
Shaun Spiers	

#### Panel Two

Liv Eren	
Barbara Crowther	<p>School Meal campaign  We're Skint – end child poverty report from young people  <a href="https://endchildpoverty.org.uk/end-child-poverty-responds-to-mini-budget-2022-4-2/">https://endchildpoverty.org.uk/end-child-poverty-responds-to-mini-budget-2022-4-2/</a></p> <p>Link to news story and evidence pack  <a href="https://www.sustainweb.org/blogs/nov22-superpowers-of-free-school-meals-evidence-pack/">https://www.sustainweb.org/blogs/nov22-superpowers-of-free-school-meals-evidence-pack/</a></p> <p>The superpowers of universal school meals  <a href="https://www.sustainweb.org/blogs/nov22-superpowers-of-free-school-meals-evidence-pack/">https://www.sustainweb.org/blogs/nov22-superpowers-of-free-school-meals-evidence-pack/</a></p> <p>Yesterday, Westminster Council announced they will fund schools to provide school meals to all primary schools from January 2023  <a href="https://www.westminster.gov.uk/news/free-school-lunches-all-primary-school-aged-children">https://www.westminster.gov.uk/news/free-school-lunches-all-primary-school-aged-children</a></p>
Shefalee Loth	<p><b>Which? Cost of Living hub</b>  <a href="https://www.which.co.uk/topic/cost-of-living">https://www.which.co.uk/topic/cost-of-living</a></p> <p>Which? Cost of Living Hub  <a href="https://www.which.co.uk/">https://www.which.co.uk/</a></p>

	<p>Which? monthly cheapest supermarket story  <a href="https://www.which.co.uk/reviews/supermarkets/article/supermarket-price-comparison-aPpYp9j1MFin">https://www.which.co.uk/reviews/supermarkets/article/supermarket-price-comparison-aPpYp9j1MFin</a></p> <p>Which? food inflation tracker  <a href="https://www.which.co.uk/news/article/supermarket-budget-and-own-brand-food-worst-impacted-by-inflation-a4a3j1y4lbi1">https://www.which.co.uk/news/article/supermarket-budget-and-own-brand-food-worst-impacted-by-inflation-a4a3j1y4lbi1</a>  and  <a href="https://www.which.co.uk/reviews/supermarkets/article/whats-happening-to-supermarket-food-prices-aU2oV0A46tu3">https://www.which.co.uk/reviews/supermarkets/article/whats-happening-to-supermarket-food-prices-aU2oV0A46tu3</a></p> <p>Comparing the cost of different methods of cooking  <a href="https://www.which.co.uk/news/article/oven-air-fryer-slow-cooker-or-hob-comparing-the-cheapest-ways-to-cook-a0kmu7Z7tBhJ">https://www.which.co.uk/news/article/oven-air-fryer-slow-cooker-or-hob-comparing-the-cheapest-ways-to-cook-a0kmu7Z7tBhJ</a></p> <p>Affordable Food For All Campaign  <a href="https://campaigns.which.co.uk/affordable-food/">https://campaigns.which.co.uk/affordable-food/</a></p> <p>Priority Places For Food Index  <a href="https://priorityplacesforfood.which.co.uk/">https://priorityplacesforfood.which.co.uk/</a></p>
Vicki Hird	<p>Sustainable Farming – Unpicking Food Prices report  <a href="https://www.sustainweb.org/publications/dec22-unpicking-food-prices/">https://www.sustainweb.org/publications/dec22-unpicking-food-prices/</a></p> <p>Latest on ELMS <a href="https://www.sustainweb.org/blogs/nov22-elm-needs-to-be-ambitious-and-accessible/">https://www.sustainweb.org/blogs/nov22-elm-needs-to-be-ambitious-and-accessible/</a></p> <p>For more info on sustainable farming and to sign up for updates  <a href="https://www.sustainweb.org/what-we-do/sustainable-farming-and-fishing/">https://www.sustainweb.org/what-we-do/sustainable-farming-and-fishing/</a></p>
Pete Ritchie	<p>Nourish Scotland – Right to Food  <a href="https://www.nourishscotland.org/projects/our-right-to-food/">https://www.nourishscotland.org/projects/our-right-to-food/</a></p> <p>To read more about being a good food nation:  <a href="https://www.foodcoalition.scot/uploads/6/2/6/8/62689573/sfc_goodfoodnation_report.pdf">https://www.foodcoalition.scot/uploads/6/2/6/8/62689573/sfc_goodfoodnation_report.pdf</a></p> <p>For more about our research on how to define and monitor the right to food  <a href="https://www.nourishscotland.org/projects/our-right-to-food/">https://www.nourishscotland.org/projects/our-right-to-food/</a></p>

	<p>I'll mention that agroecology is alive and kicking  <a href="https://www.nourishscotland.org/agroecology-enabling-the-transition/">https://www.nourishscotland.org/agroecology-enabling-the-transition/</a></p>
Sofia Parente	<p>Sustainable Food Places webinar on Cost of Living  <a href="https://www.sustainweb.org/blogs/dec22-cost-of-living-food-partnerships/">https://www.sustainweb.org/blogs/dec22-cost-of-living-food-partnerships/</a></p> <p>Cost of living and sustainable food enterprises – policy briefing  <a href="https://www.sustainweb.org/publications/dec22-cost-of-living-and-sustainable-food-enterprises/">https://www.sustainweb.org/publications/dec22-cost-of-living-and-sustainable-food-enterprises/</a></p> <p>Sustainable Food Places and mailing list: <a href="https://www.sustainablefoodplaces.org/get_involved">https://www.sustainablefoodplaces.org/get_involved</a></p>

## **SUSTAIN RESOURCES**

	<p>Sign up for our newsletter: <a href="https://www.sustainweb.org/get-involved/">https://www.sustainweb.org/get-involved/</a></p> <p>Latests on ELMS <a href="https://www.sustainweb.org/blogs/nov22-elms-needs-to-be-ambitious-and-accessible/">https://www.sustainweb.org/blogs/nov22-elms-needs-to-be-ambitious-and-accessible/</a></p> <p>Unpicking food prices: Where does your food pound go, and why do farmers get so little? <a href="https://www.sustainweb.org/publications/dec22-unpicking-food-prices/">https://www.sustainweb.org/publications/dec22-unpicking-food-prices/</a></p> <p>Food for the Planet, Every Mouthful Counts: <a href="https://www.foodfortheplanet.org.uk/toolkit/">https://www.foodfortheplanet.org.uk/toolkit/</a></p> <p>Sustain Cost of Living hub <a href="https://www.sustainweb.org/what-we-do/cost-of-living-crisis/">https://www.sustainweb.org/what-we-do/cost-of-living-crisis/</a></p> <p>Children's Food Campaign join the mailing list <a href="https://www.sustainweb.org/childrens-food-campaign/">https://www.sustainweb.org/childrens-food-campaign/</a></p> <p>Sustainable Farming join the mailing list- <a href="https://www.sustainweb.org/foodandfarmingpolicy/">https://www.sustainweb.org/foodandfarmingpolicy/</a></p>
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	<p>Sustainable Food Places and mailing list: <a href="https://www.sustainablefoodplaces.org/get_involved">https://www.sustainablefoodplaces.org/get_involved</a></p> <p>Sustain evidence to EFRA committee on food security <a href="https://www.sustainweb.org/news/nov22-sustain-submission-efra-food-security/">https://www.sustainweb.org/news/nov22-sustain-submission-efra-food-security/</a></p> <p>Bridging the Gap work: <a href="https://www.sustainweb.org/bridging-the-gap/#">https://www.sustainweb.org/bridging-the-gap/#</a></p> <p>Good Food for All Londoners <a href="https://www.sustainweb.org/publications/good-food-for-all-londoners-2021/">https://www.sustainweb.org/publications/good-food-for-all-londoners-2021/</a></p> <p>London FoodLink <a href="https://www.sustainweb.org/londonfoodlink/">https://www.sustainweb.org/londonfoodlink/</a></p> <p><a href="https://www.sustainweb.org/news/dec22-bakery-key-to-perfect-uk-british-high-street/">https://www.sustainweb.org/news/dec22-bakery-key-to-perfect-uk-british-high-street/</a></p>
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### **PANEL THREE – political panel**

<https://www.sustainweb.org/foodandfarmingpolicy/>

### **Useful links from attendee chat**

Open Food Network <https://about.openfoodnetwork.org.uk/>

<http://codel.scot/>

Food Data Collaboration: <https://fooddatacollaboration.org.uk/>

Universal Basic Income Lab Food (UBILab Food): <https://www.ubilabnetwork.org/ubi-labs>

RSPB working towards a Nature Positive food and farming system [https://www.rspb.org.uk/globalassets/downloads/pa-documents/tp25761\\_nature\\_positive\\_farming\\_v3\\_sept\\_2022.pdf](https://www.rspb.org.uk/globalassets/downloads/pa-documents/tp25761_nature_positive_farming_v3_sept_2022.pdf)

Food Partnership Lewisham <https://www.goodfoodlewisham.org/post/christmas-in-lewisham-useful-services-free-meals-and-free-food>

UBI Lab Food: Universal Basic Income and the cost of living crisis <https://www.youtube.com/watch?v=aB2GPDFXk5M&t=199s>

IBFAN has been following for decades to try to improve the standards in trade:

<https://www.babymilkaction.org/archives/35756>

<https://www.babymilkaction.org/archives/36001>

Access to Healthy Foods: Part II. Food Poverty and Shopping Deserts: What are the Implications for Health Promotion Policy and Practice?" (1998)

[https://www.researchgate.net/publication/249806686\\_Access\\_to\\_Healthy\\_Foods\\_Part\\_II\\_Food\\_Poverty\\_and\\_Shopping\\_Deserts\\_What\\_are\\_the\\_Implications\\_for\\_Health\\_Promotion\\_Policy\\_and\\_Practice](https://www.researchgate.net/publication/249806686_Access_to_Healthy_Foods_Part_II_Food_Poverty_and_Shopping_Deserts_What_are_the_Implications_for_Health_Promotion_Policy_and_Practice)

The findings from the research Nourish did on availability and price of fruit and veg: <https://www.nourishscotland.org/wp-content/uploads/2022/10/ORTF-Local-availability-and-price-Scotland-2022.pdf>

If you'd like to write a blog about your position on food and or poverty etc, please read here: <https://povertyresearchorg.wordpress.com/home/>

The Food Justice Network can be found here: <https://theaws.co.uk/food-provision-database/>

Sadly, current government seem set to throw out much of the food regulation that protects us all : <https://artisanfood.law/blog/food-safety-food-hygiene/decades-of-carefully-developed-food-law-set-to-be-dropped-with-little>

IFAN's Maria Marshall at the Defra select committee - <https://committees.parliament.uk/event/15630/formal-meeting-oral-evidence-session/>

Corporate lobbying on HFSS delays , the Food Research Collaboration has recently published a report on this: <https://foodresearch.org.uk/publications/shaping-the-debate-has-corporate-lobbying-impacted-uk-laws-on-promoting-products-high-in-fat-salt-and-sugar/>

First UK coal mine in decades approved despite climate concerns! (<https://www.bbc.co.uk/news/uk-politics-63892381>)

Plenty to Share Campaign talks about disentangling problems of food waste and food poverty: <https://www.thisisrubbish.org.uk/plentytoshare/>

<https://www.oph.fi/en/education-and-qualifications/school-meals-finland>

<https://www.facebook.com/grantongardenbakery>

<https://flintowlbakery.com/>

The Milan food policy pact: <https://www.milanurbanfoodpolicypact.org/>

<https://homebaked.org.uk/>

The Healthy Start Voucher scheme is now digital so no need for vouchers. Money goes on a Healthy Start card <https://www.healthystart.nhs.uk/>

Emergency funding currently available for food provisions in Birmingham - Please forward to relevant contacts: <https://www.birmingham.gov.uk/emergency-food-aid-fund>

Helpful video guide of the application form: <https://www.canva.com/design/DAFToHUjDUU/pHIG354zv3HsH9luNtMKVA/watch>

If you know if any food provisions in Birmingham who would like to join The Food Justice Network please share this form:

[https://docs.google.com/forms/u/3/d/1P4MKL1KH1n\\_KVzOSNB6OvHwokAu\\_2JJR-omBqWtlvfE/edit#response=ACYDBNjdQA6e9IPw--SdifcSzPbc7ydnqtIQnl4H-s\\_ILMQ9W5Pe5inwHq6TnHHcDR88mil](https://docs.google.com/forms/u/3/d/1P4MKL1KH1n_KVzOSNB6OvHwokAu_2JJR-omBqWtlvfE/edit#response=ACYDBNjdQA6e9IPw--SdifcSzPbc7ydnqtIQnl4H-s_ILMQ9W5Pe5inwHq6TnHHcDR88mil)

Join the mailing list/WhatsApp groups: [https://docs.google.com/forms/u/3/d/1wgz4GBTBumw4d\\_rnOHTY80d7XNQRESah742JD2B54Y/edit](https://docs.google.com/forms/u/3/d/1wgz4GBTBumw4d_rnOHTY80d7XNQRESah742JD2B54Y/edit)

A cash first approach to food insecurity is about people accessing income instead of charitable food aid as a response to poverty. At this moment of extreme crisis IFAN is encouraging food banks to distribute vouchers instead of or alongside food parcels or cash grants to help resist the further institutionalisation of the food parcel distribution model and enable as much choice and dignity in the here and now. But it would be preferable if this type of support could be accessed via advice agencies and ultimately if local authorities could distribute crisis payments in cash in an easily accessible way. Our infographic helps to explain this - <http://ifanuk.org/infographic>

Some useful briefing on costs of baby formulas and foods:

[https://static1.squarespace.com/static/59f75004f09ca48694070f3b/t/628e041714d478759eeb46e8/1653474327894/Cost+of+living+briefing+note\\_May+2022\\_forwebsite.pdf](https://static1.squarespace.com/static/59f75004f09ca48694070f3b/t/628e041714d478759eeb46e8/1653474327894/Cost+of+living+briefing+note_May+2022_forwebsite.pdf)

More First steps Nutrition Trust reports

<https://static1.squarespace.com/static/59f75004f09ca48694070f3b/t/62c4405acca7354f28bb2e6d/1657028699685/FSNT+reaction+to+the+Government+Food+Strategy+and+recommendations+for+DSHC+White+Paper+with+cover+page+01072022.pdf>

Re. fair and just treatment for growers - if there are any growers or landworkers in this discussion or who read this, who are looking for support in their employment situation e..g re. fair conditions or pay for overtime, please get in touch to find out about SALT - Solidarity Across Land Trades. SALT is a newly formed union I've been helping set up which is only for \*employees\* and not for anyone who employs anyone, so that it is a safe space. There is an upcoming open meeting for \*employees not employers\* working in landwork, on 14th December. If you are employing others, please look to the Land Workers Alliance if you are not already connected:- <https://landworkersalliance.org.uk/>

Vicki Hird (Sustain Head of Sustainable Farming) speaking on Farming Today: <https://www.bbc.co.uk/programmes/m001fvg8>

A summary of the Beveridge report here - <https://blog.nationalarchives.gov.uk/beveridge-report-foundations-welfare-state/>

Let's develop our Nation's Food Strategy (or Nations' Strategies), building off what was good about the National Food Strategy...

<https://foodcitizenship.info/2022/11/30/gathering-to-reimagine-the-food-system/>

Stoke on Trent food summit recording can be accessed here <https://www.stokefoodsummit.co.uk/>

21st Century Allotments in New Developments: Practical, design-led and policy-based guidance for planners and developers who are looking to include allotments in new developments.” FREE DOWNLOAD: <https://www.nsalg.org.uk/21st-century-allotments-in-new-developments/>

Wheat supply forecasts for 22/23 <https://www.usda.gov/oce/commodity/wasde/wasde1122.pdf>

UNICEF report on food security <https://www.unicef.org.uk/babyfriendly/wp-content/uploads/sites/2/2022/10/A-Guide-for-Local-Authorities-UNICEF-UK-Baby-Friendly-Initiative.pdf>

Find your local food partnership here: <https://www.sustainablefoodplaces.org/members/>