

Webinar

School Food for All:

A roadmap for local action

Wednesday 18 October

10am - 11:15am

Case Studies:

- **Southwark**

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on behalf of Southwark Council



sustain



Photo: Stockbroker

School Food for All – A roadmap for local action in Southwark

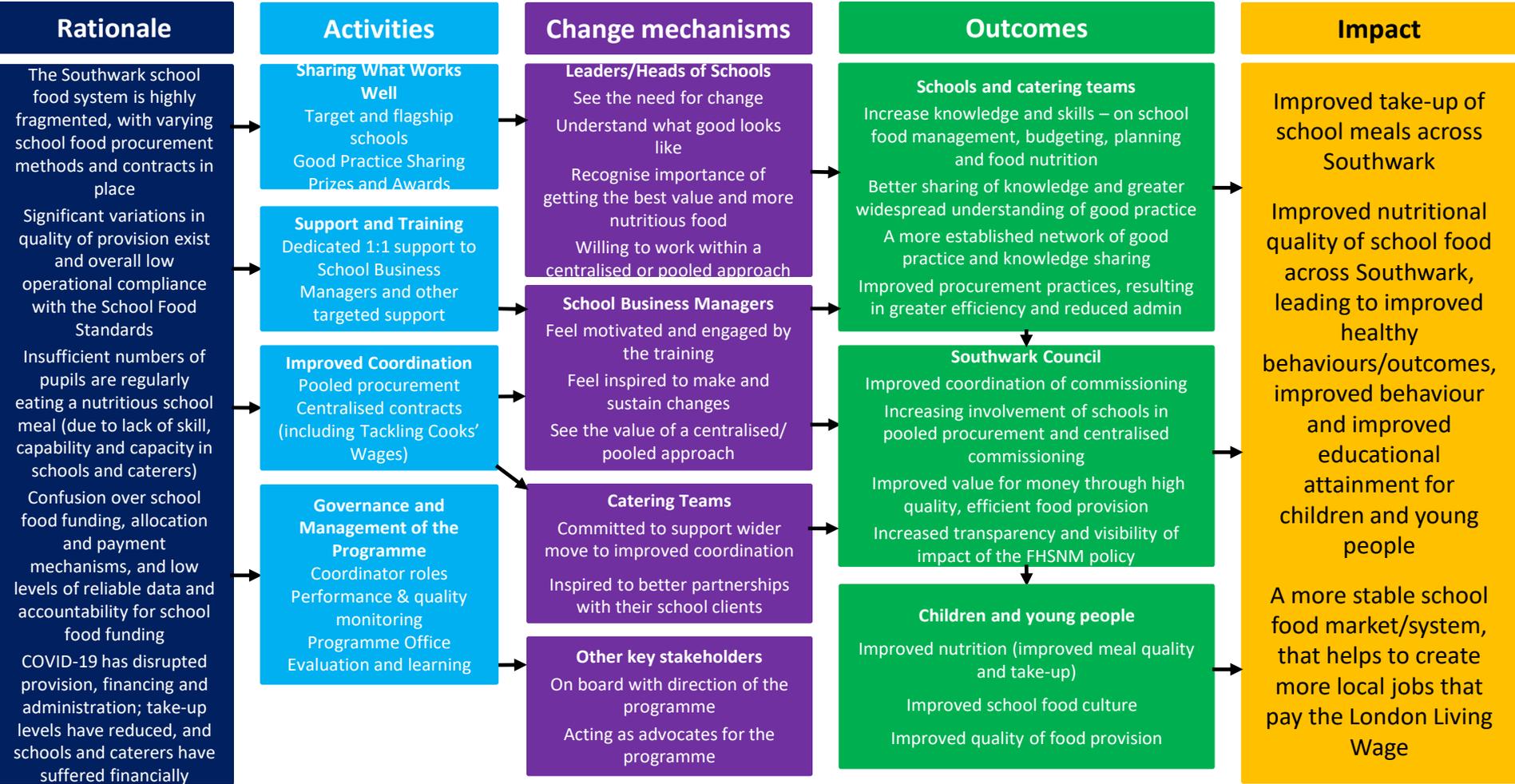
Update on School Meal Transformation Programme and secondary school meal expansion from September 2023

Health Improvement

Southwark Public Health Division

October 2023

Southwark School Meals System Transformation TOC



Secondary School Meals expansion from September 2023

- All Southwark secondary schools, including special schools, will be offered a grant to provide a school lunch for all pupils from families who are:
 - in receipt of Universal Credit
 - are NRPF pupils supported by the council under section 17 of the Children Act 1989
 - are not currently eligible for national benefits-related Free School Meals (FSM).
- Families will apply to schools with application form provided by the council
- Eligibility will be checked by schools using
 - Bank statement with Universal Credit evidence
 - Screenshot of current Universal Credit portal account
 - Knowledge of previously unsuccessful FSM applications
- £2.90 per meal (does not apply to benefits related FSM)
- Includes 6th Form, Y12 & Y13
- One year pilot, in first instance

Mandatory grant conditions for Secondary Free Healthy School Meals introduced in September 2023

REQUIREMENTS



Provide school meals, free of charge, to pupils within Year 7-13 receiving Universal Credit, who are not eligible for a FSM



Lunch must be sold as a 'Healthy Meal Bundle'



The grant must only be spent on provision of school lunch service



A cashless payment system must be used



Report take up of secondary school meals



Participate in evaluations of the Secondary Free Healthy School Meals provision through the Southwark School Meals System Transformation Programme

What is a healthy meal bundle?

- Lunch must be sold as a healthy meal bundle, and must include
 1. At least two portions of fruit, vegetables or salad every day (portion = 80g)
 2. At least three portions of lean protein per week, including pulses, meat, eggs and beans (portion = 100g)
 3. No more than two fried portions of food per week
 4. No more than two portions of pastry per week
 5. No more than one portion of processed meat or meat substitute per week
 6. No fizzy or >5% sugar (by volume) drinks
 7. Provide 500-700 kcal per meal (as a guide for chefs, nutritional analysis not required)

- These are the School Food Standards most frequently missed

- Consultation between pupils and school caterers on the menu is strongly encouraged

Great lunches in Southwark



Cashless payment systems, avoiding stigma

To ensure schools are ready, the test term at Ark Walworth Academy has demonstrated the importance of the following preparations being made ahead of launch:

- New 'field' in cashless payment system to register pupils receiving the meal and load funds against, important to keep separate from DfE FSM eligible pupils
- Request new system reports, to provide evidence for invoice to council for meals provided, reduce admin overhead
- Pupils may become DfE FSM eligible within the year if family circumstances change, process must allow for this
- Reimbursed termly: half in arrears, half estimated in advance: November, March, June or similar.

Contact us

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