

good to grow week 2024



22-29 April

Register your garden at
www.goodtogrowuk.org



Last year: Good to Grow 2023

- 137 gardens took part
- 2,000 people, including 340 new volunteers got involved
- Half of gardens said it improved the profile of their garden, and helped more people know about them.
- 42% of gardens felt more connected to the wider food growing community, and 42% said it helped them engage with new members of the community.





Good to Grow Day 2023



In your words, what makes events like Good to Grow day so important?

“They help people to discover community growing project and opportunities in their communities.”

“They showcase that many different gardens and organisations are coming together for one nationwide event.”

“The national event is a great way to connect with other growing groups.”

“Cross county coordinated action is very strong and impactful.”

“They help community groups engage with the wider community and promote the work.”

**Good to
Grow ~~day~~
week!**

**good to
grow** 
week 2024

New resources – Growing for Nature

Wildlife-friendly food growing

As spring is in the air and with it comes the beautiful buzz of insects signalling the coming season in a garden and growing spaces, aside from being 'essential', these little creatures are absolutely essential for life on Earth, helping with all sorts from pest control, soil health, pollination, plant health and much more. This year's **Good to Grow Week** is the perfect time to make the most of these wonderful creatures in your garden. We have some tips on how to help you make your garden more wildlife friendly and in turn, a better place for all of us to live in.

Whether you have a wild city garden, allotment, or a tiny balcony, there are a wide variety of ways to turn your growing space into a welcoming home for wildlife. It can be as simple as making a bug hotel, planting a patch of watercress, rotating crops or starting to compost.

Planting wildflowers, growing a meadow, or a wild herb garden is a great way to improve your garden's biodiversity, which is the variety and variation of animals, plants and other organisms.

Biodiversity benefits food growing through:

- Soil fertility:** Healthy soil contains a wealth of tiny organisms, from worms that recycle plant material and aerate the soil, to fungi that support plant roots to absorb nutrients from the soil.
- Managing insect pests:** Support the many insects that offer free pest control for your garden, such as ladybirds and ladybugs and that eat aphids, or wasps that prey on caterpillars.


















City Nature Challenge

good to grow sustain

This bug count bingo card belongs to _____

Keep a tally of how many bugs you see from the pictures below

	ladybirds I spotted...		bees I spotted...
	ants I spotted...		hoverflies I spotted...
	millipedes I spotted...		moths I spotted...
	honeybees I spotted...		wasps I spotted...
	worms I spotted...		woodlice I spotted...
	bumblebees I spotted...		butterflies I spotted...
	beetles I spotted...		lacewings I spotted...

SURVEY CALENDAR FOR BEGINNERS

Use this calendar to help plan surveys to monitor biodiversity in your urban green space. The surveys included are all suitable for beginners and those starting out and for many more advanced skills. Lots also provide starting and guidance for those who are new to them.

THE URBAN NATURE PROJECT



New resources – Right to Grow



#GoodtoGrow2024 photo competitions

Best community growing shot!

- **Right to Grow** - post a picture of yourself getting involved in community gardening, tag #GoodToGrow2024, and say why you believe in the Right to Grow
- **Growing for Nature** - post a picture of yourself getting involved in community gardening, tag #GoodToGrow2024, and say why you believe in growing for nature



Dashboard Rachel's test garden

! [You are not yet signed up to Good to Grow Week. Sign up now](#)

⚠ [Please upload an image of your garden](#)

⚠ [Please add a description for your garden. Gardens without a description will not show on the Good to Grow map.](#)

Volunteers

You **are not allowing** volunteers to connect with you.

Click 'Get volunteers' to add a 'Volunteers required' button to your entry on the gardens map.

♥ Get volunteers

Harvest-ometer

Record your harvest data to find out its economic value, how many meals you have grown and how much CO₂ your garden has saved.

Growing for Change Pledge

Your garden - Rachel's test garden - has made the pledge.

Now complete the biodiversity questionnaire and join our Growing for Nature project. It takes 3 minutes and will enter you into a **prize draw for £400 voucher** for garden equipment plus other prizes.

To complete the survey you will need a garden number. Please get in touch with [Rachel Dring](#).

Funding and jobs

Good to Grow Week 2024 (22-29 April)

Good to Grow Week 2024 is a week of action to celebrate the new growing season, and open your doors to new volunteers.

This year we have 2 optional themes that you can organise your event or activities around: 'Building the Right to Grow movement', and 'Growing for Nature – encouraging biodiversity on our site'.

Sign up

[Find out more about the event](#)

Register your garden

Register to promote your garden to volunteers and other organisations on the [Good to Grow Map](#), use the online [Harvest-ometer](#) and take part in our events including [Good to Grow Day](#). You can now also access [expert advice, guidance and bespoke insurance products](#) tailored especially for the community growing sector via Social Farms & Gardens.

The Good to Grow Network is for everyone, whether you're growing food already or keen to get started. We welcome community gardens, allotments, school gardens, city farms, growing enterprises and growers. **Registering is free and takes about five minutes.**

Simply enter in details about you, set up a password, agree to a short list of terms and conditions, and then enter in details about your growing space(s).

www.goodtogrowuk.org/join_us

Your details

Join the Good to Grow network here: https://www.goodtogrowuk.org/join_us/

Join the Capital Growth network here: https://www.capitalgrowth.org/join_us/

Register your garden for Good to Grow week here:

<https://www.goodtogrowuk.org/login/>

Find out more about Good to Grow week here:

https://www.goodtogrowuk.org/good_to_grow_day/

All resources will be on your dashboard at:

<https://www.goodtogrowuk.org/login/>

Contact Lily on lily@sustainweb.org

