Hull Food Partnership

Co-production with young people in Hull
Project: Nurture Hull / What Do You Put In Your Mouth? action pack. Funded by Food Power.

Aim: To encourage young people to think more deeply about the importance of food.

Inspired by: Manchester Central Foodbank, 'Can You Hear Me Now?' a listening campaign and creative participation project bringing people who have used the food bank together with the food bank team to push for longer term change. [https://www.trusselltrust.org/2020/12/18/can-you-hear-me-now/](https://www.trusselltrust.org/2020/12/18/can-you-hear-me-now/)
Getting young people involved right from the start

https://www.juniordesignfactory.co.uk/
"I enjoyed producing the activity packs. These packs manage to make the important topic of food inequality light and easy to bring up in conversation."

Rosie Bottomley, young person & co-creator of activity packs
Refining the concept – getting the tone right

Ordering Off the Menu

The power is in your hands. You are given one coin to pick six choices in the food action vending machine. Which choice do you pick? Labeling from 1 - 6, order the choices in order of priority, with 1 being most important to you.

MY PRIORITIES

1
2
3
4
5
6

I chose option as my number 1 priority because...

get your megaphone out

If you could tell your local MPs and food charity anything about your experiences of food poverty and/or food insecurity – what would you say?

What would you wish for? What do you demand? What needs to change or improve? What extra support would be helpful? Are there any new pitfalls that need addressing in response to the impact of Covid-19?

Use your answers in the Your Food Story section of the booklet for inspiration - did you notice any barriers to consumption, quality, food in your answer? For example: Is a lack of cooking skills preventing you from trying new meals? Is healthy food too expensive for you to obtain? If you cannot drive does this mean you can only buy food nearby and in small quantities which means it is less varied and more expensive.

If you haven’t experienced food insecurity yourself, what things could be put in place for other young people in Hull, to ensure they have access to consistent, healthy, and quality food, regardless of background? A guide to levels of food insecurity is below to help you think.

Levels of Food Insecurity

mild

Moderate

Serious

worrying about how to obtain food

compromising quality and variety of food

reducing quantities of food

skipping meals

experiencing hunger

Draw yourself holding a megaphone and list your three main demands in the speech bubble.

To make sure that these projects have long lasting results, we’ll be using your feedback and what you write in the action packs in Hull’s Food Poverty Action Plan. This is our plan to help people in Hull to get better, more nutritious food. We want to make sure that young people’s voices are not ignored as we plan for a more sustainable and healthy future.
Any colour as long as it’s pink?

Attention grabbing title!
website: www.hullfoodpartnership.org.uk

e-mail: hullfoodpartnership@gmail.com

facebook: www.facebook.com/hullfoodpartnership/

twitter: @FoodHull

instagram: @hullfoodpartnership

Anna Route – Development Officer: Anna@rootedinhull.org.uk