

Hull Food Partnership

Co-production with young people in Hull

Project initiation and inspiration

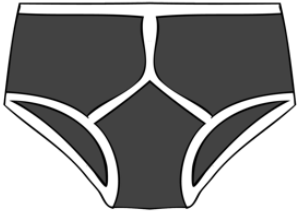


Project: Nurture Hull / What Do You Put In Your Mouth? action pack. Funded by Food Power.

Aim: To encourage young people to think more deeply about the importance of food.

Inspired by: Manchester Central Foodbank, 'Can You Hear Me Now?' a listening campaign and creative participation project bringing people who have used the food bank together with the food bank team to push for longer term change. <https://www.trusselltrust.org/2020/12/18/can-you-hear-me-now/>

Getting young people involved right from the start



CREATIVE BRIEFS

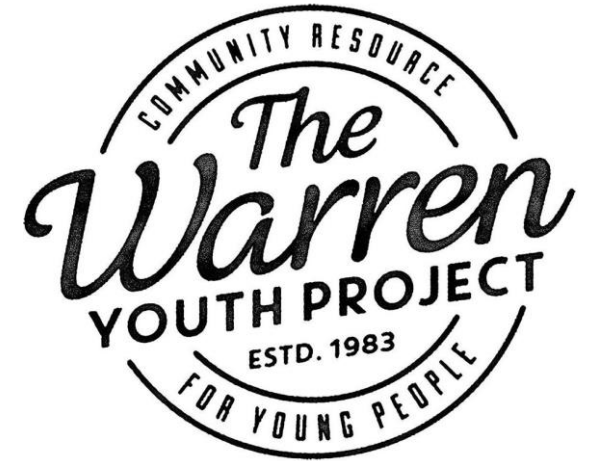
<https://www.juniordesignfactory.co.uk/>



Partnership working with the experts

"I enjoyed producing the activity packs. These packs manage to make the important topic of food inequality light and easy to bring up in conversation."

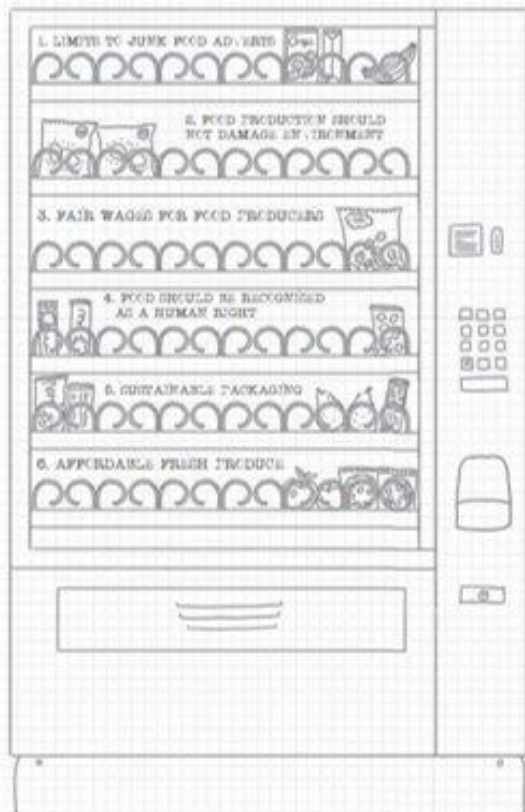
Rosie Bottomley, young person & co-creator of activity packs



Refining the concept – getting the tone right

ORdERING OfF the menu

The power is in your hands. You are given one coin to pick one choice in the food action vending machine. Which choice do you pick? Labelling from 1 - 6, order the choices in order of priority, with 1 been most important to you.



MY PRIORITIES

- 1
- 2
- 3
- 4
- 5
- 6

I chose option as my number 1 priority because...

get YOUR megaphone out

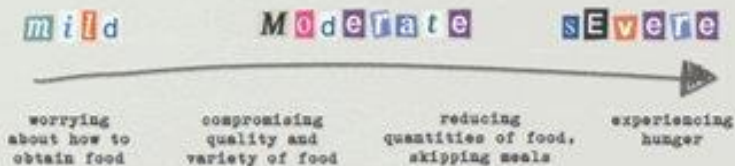
If you could tell your local MPs and food charity anything about your experiences of food access and/or food insecurity - what would you say?

What would you wish for? What do you demand? What needs to change or improve? What extra support would be helpful? Are there any new pitfalls that need addressing in response to the impact of Covid-19?

Use your answers in the Your Food Story section of the booklet for inspiration - did you notice any barriers to consistent, quality, food in your answers? For example: Is a lack of cooking skills preventing you from trying new meals? Is healthy food too expensive for you to obtain? If you cannot drive does this mean you can only buy food nearby and in small quantities which means it is less varied and more expensive.

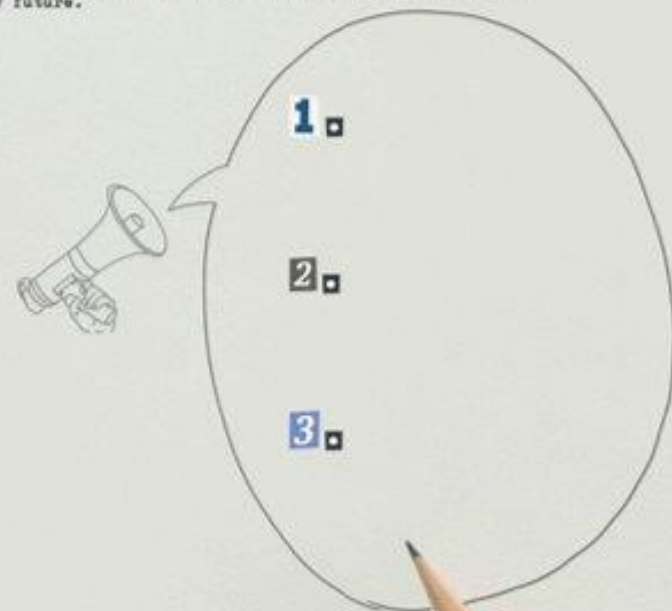
If you haven't experienced food insecurity yourself, what things could be put in place for other young people in Hull, to ensure they have access to consistent, healthy, and quality food, regardless of background? A guide to levels of food insecurity is below to help you think.

Levels of food insecurity



Draw yourself holding a megaphone and list your three main demands in the speech bubble.

To make sure that these projects have long lasting results, we'll be using your feedback and what you write in the action packs in Hull's Food Poverty Action Plan. This is our plan to help people in Hull to get better, more nutritious food. We want to make sure that young people's voices are not ignored as we plan for a more sustainable and healthy future.



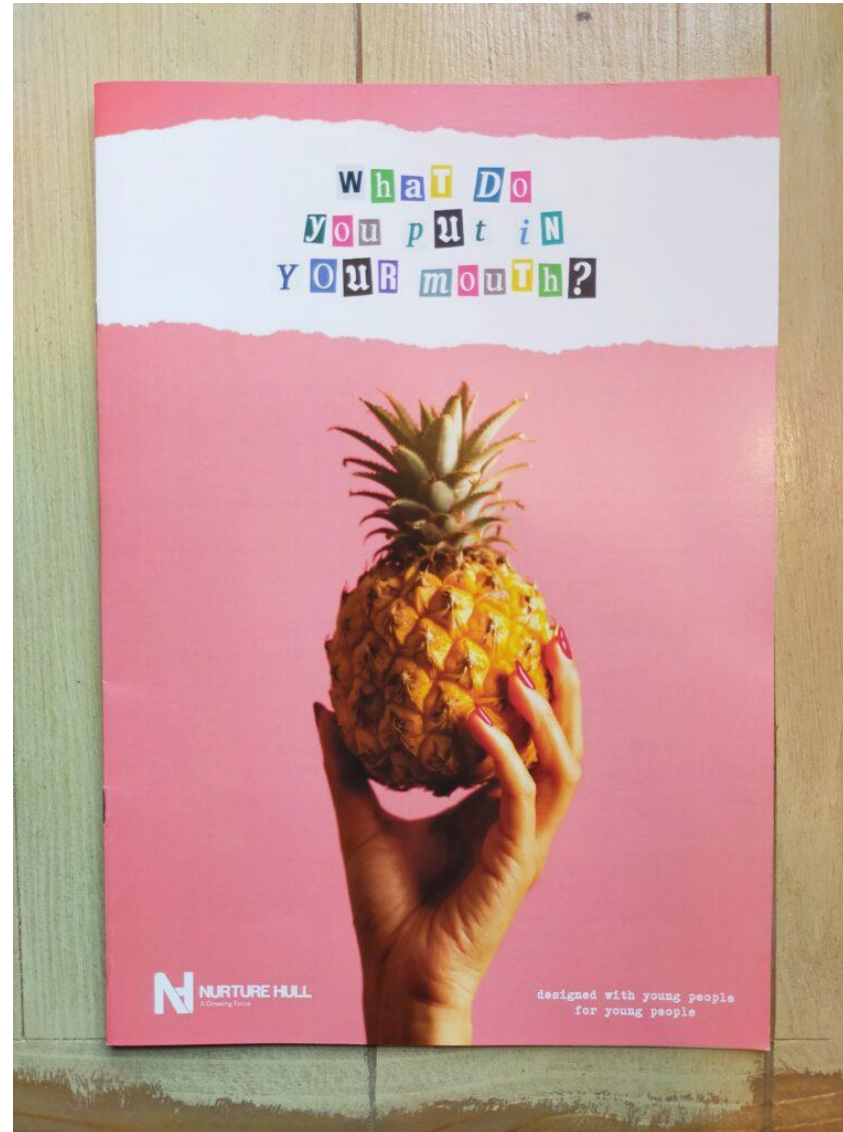
TIME TO GIVE THEM A TINGA YOUR MIND.

Once completed, please return this pack to The Warren Project, Queens Dock Chambers, 47-49 Queens Dock Ave, Hull HU1 3DR.

Test and learn!

Any colour as long as it's pink?

Attention grabbing title!



Nurture Hull - Look after your Local

WHAT DO YOU PUT IN YOUR MOUTH?



Are you aged 14-24 and interested in artistic design, sustainability and supporting your local community?

The Hull Food Partnership is hosting free online workshops for people looking to get actively involved in Hull's food system.

The aim of the project is to develop fun activity packs that will be used across the city to inspire active participation in Hull's good food movement.

If you are passionate about what goes in your mouth - then get in touch!

To register your interest,
email cara@rootedinhull.org.uk

07963774929
161 High Street,
Hull, HU1 1NQ

website: www.hullfoodpartnership.org.uk

email: hullfoodpartnership@gmail.com

facebook: www.facebook.com/hullfoodpartnership/

twitter: @FoodHull

instagram: @hullfoodpartnership

Anna Route – Development Officer: Anna@rootedinhull.org.uk

