



## Harvest log

Enter this information online by visiting [www.goodtogrowuk.org/login/](http://www.goodtogrowuk.org/login/)

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Space name:

Head grower:

Phone number:

Space number:

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## Vegetables

Month:		Date:	Date:	Date:	Date:
Crop name	Measure	Grams	Grams	Grams	Grams
Artichoke	artichoke(s)				
Asparagus	spear(s)				
Beans (Broad)	handful(s)				
Beans (French)	handful(s)				
Beans (Runner)	handful(s)				
Beetroot	handful(s)				
Broccoli (sprouting)	spears				
Broccoli (head)	head(s)				
Brussel Sprouts	Sprouts				
Cabbage	cabbage(s)				
Carrot (baby/small)	carrot(s)				
Carrot (large)	carrot(s)				
Cauliflower	Cauliflower(s)				
Chilli	chillies				
Courgette	courgette(s)				
Cucumber	cucumber(s)				
Fennel	bulb(s)				
Garlic	bulb(s)				
Kale	cereal bowl(s)				

Leek	untrimmed leek(s)				
Mange tout/peas	handful(s)				
Marrow (medium)	marrow(s)				
Onion	onion(s)				
Onion (spring)	onion(s)				
Pak Choi	bulb(s)				
Parsnips	parsnips				
Peppers	pepper (s)				
Potato	potato(es)				
Potato (new)	potato(es)				
Radish	radish(es)				
Squash/pumpkin	squash(es)				
Swede	Swede (s)				
Sweetcorn	cob(s)				
Tomato	tomato(es)				
Tomato (Cherry)	tomato(es)				
Turnips	turnips				

## Fruit

Month:		Date:	Date:	Date:	Date:
Crop name	Measure	Grams	Grams	Grams	Grams
Apple	apple				
Blackberry	handful(s)				
Cherry	cherry				
Pear	pear(s)				
Plum	Plum(s)				
Raspberries	handful(s)				
Rhubarb	stalk				
Strawberry	handful(s)				
Gooseberries	handful(s)				
Red/Black/White Currants	handful(s)				
Blueberries	handful(s)				
Grapes	handful(s)				

## Salad & leaves

Month:		Date:	Date:	Date:	Date:
Crop name	Measure	Grams	Grams	Grams	Grams
Cavolo nero	cereal bowl(s)				
Chard	cereal bowl(s)				
Lettuce (headed)	cereal bowl(s)				
Rocket	cereal bowl(s)				
Salad leaves (mixed)	cereal bowl(s)				
Spinach	cereal bowl(s)				
Basil	cereal bowl(s)				
Chives	cereal bowl(s)				
Coriander	cereal bowl(s)				

## Other

Month:		Date:	Date:	Date:	Date:
Crop name	Measure	Grams	Grams	Grams	Grams
Egg	egg(s)				
Honey	jar(s)				
Coriander	cereal bowl(s)				
Basil	cereal bowl(s)				
Chives	cereal bowl(s)				
Mint	cereal bowl(s)				
Rosemary	cereal bowl(s)				
Thyme	cereal bowl(s)				
Parsley	cereal bowl(s)				
Tarragon	cereal bowl(s)				

If there is a crop type that is not included, please enter the details at the bottom of the 'Other' section overleaf.

We are constantly adding new crop types to our online list. Let us know if you would like us to make an addition.

If you cannot log this information online please email the form to us at [goodtogrow@sustainweb.org](mailto:goodtogrow@sustainweb.org)