

## Good questions to ask during your meeting

Here are some useful questions to ask during your meeting with head:

### Top 5 questions

1. How is the school supporting in creating a healthy food environment for students?
2. Who in the school is responsible for leading on school food policy?
3. How does the school ensure that the menu meets the School Food Standards, and how often is it reviewed?
4. Are there vegetarian/vegan/culturally appropriate/allergy appropriate options daily, and how do you ensure children have a good variety of fruits, vegetables, and wholegrains each week?
5. How does the school use the curriculum to teach children about healthy eating and nutrition?

### Other questions

- How do pupils and parents get involved in menu planning or giving feedback? Are there tasting sessions or surveys?
- What are the main challenges the school faces in providing a healthy, varied menu, and how are these being addressed?
- How long is the catering contract and how often is the caterer reviewed to ensure quality and standards are maintained?
- Has the school achieved, or is it working towards, any Healthy School Food Awards such as Food for Life or School Plates, and what does this involve?
- How do you work with your catering manager to find solutions to issues raised by parents such as lack of variety and quality of the food served?
- What data do you and the catering manager review together (uptake & waste, feedback from pupils and parents)?