

A vibrant, stylized illustration of various food items including tomatoes, eggplants, watermelon, carrots, and leeks, arranged around a central white rectangular area. The background is a teal color with a subtle pattern of small white dots.

Food for Life Get Togethers



**GET
TOGETHERS**
Bringing people together through food

 **COMMUNITY
FUND**

Codesign

- Designing with, not for.
- Involving and listening to those who understand their communities needs
- Uses participatory methods- e.g. ethnography, workshops, steering groups, experts by experience
- There's no one size fits all approach and codesign helps support the differing needs of those we work with
- Codesign relies on good relationships and trust and that take time to build

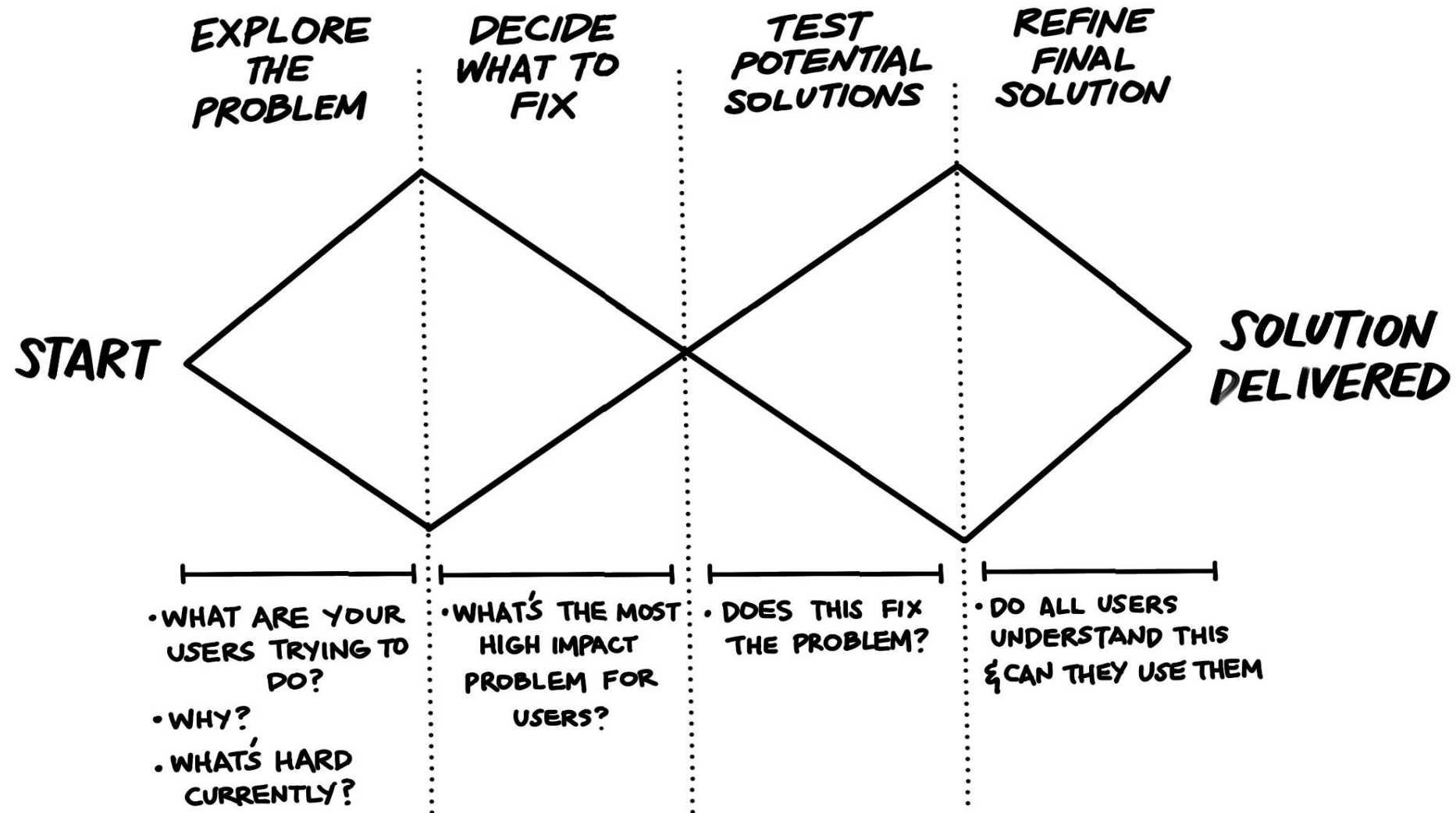


Coproduction

- Follows the same principles as codesign
- It's a process to help make decisions and design the process of delivery
- Codesign-attempt to find a solution to an issue and coproduction is the attempt to implement the solution.
- Helps to ground decisions in reality and give a person centred perspective



Double Diamond



Our approach

- Ethnographic interviews
- Experts by Experience
- Codesign workshops
- Partnership board
- Steering group meetings
- Networking sessions



Effective codesign and coproduction

- Commitment to sharing decisions and power
- Process must be accessible- clear communication in plain English
- Culture of openness and honesty
- Open questions and active listening
- People are valued and respected
- Make it visual



Why we used this approach

- Keep the programme relevant
- Help us learn how to connect with diverse communities
- To test and learn what works and what does not
- To motivate others and build capacity
- Help us gather an abundance of ideas to help shape positive change
- Helps us to slow down, listen and take time to connect
- To build trust with our partners and community leaders



The background is a solid teal color with a subtle, distressed texture. It is decorated with various food-related illustrations in a flat, hand-drawn style. These include a red tomato with a green stem in the top left, a purple eggplant, a bunch of red cherry tomatoes on a green stem, a white fork in the top right, a red carrot, a green pea pod, a slice of watermelon with black seeds on the left, a red radish on the right, a green pea pod, a red carrot, a white fork, and a slice of orange in the bottom center.

Thank you!

