# Annual Report Review and accounts for the year ended 31 March 2015



This year has seen Sustain take a notable shift in the way it works. Some of this may be more obvious to the outside world, with the start of 2015 seeing a new website and logo, and more broadly a change in the way we communicate, with the launch of our Twitter presence (@UKSustain), our Digest magazine going electronic, and all our news, from campaign wins to government and industry developments appearing on Sustain's home page. One of the driving aims of this change in communications is to better promote the work of our members, to each other and to the wider world, and underline Sustain's role as an alliance, not just an NGO.

These visible changes are indicative of broader developments behind the scenes, with the development of Sustain's first strategy document, also launched in 2015, which provides a guide to priorities for the organisation over the next five years, and communicates our vision and the way we work. This has been accompanied by other internal documents, our first fundraising strategy and business plan which set out how we secure the capacity to achieve this vision.

The following annual report reflects this change in how we communicate our work. Whilst I believe the most effective way Sustain can create change, through mobilising public support and changing policy is by running focused campaigns, projects and networks, the following pages set out what all these individual initiatives add up to under the four main themes of Sustain's vision. Another purpose of creating these themes has been to help us make sure that we are reflecting the full range of our members' interests.

Set against a climate of less funding, and what seem like ever greater challenges to improving our food and farming system, these achievements show that not only are improvements possible, but that across more areas of our food and farming system we are starting to see the changes that we, as an alliance, have been calling for since we launched back in 1999.

N) gayna

**Professor Mike Rayner** Chair of Sustain's Council of Trustees

#### Trustees

Dr David Barling (re-elected 27/11/13) Tim Burns (elected 27/11/13) Rachel Harries Katharine Jenner Christine Lewis Philip Lymbery (Treasurer, re-elected 27/11/13) Tim Marsh Patrick Mulvany (re-elected 27/11/13) Professor Mike Rayner (Chair) Patti Rundall (re-elected 27/11/13) Shaun Spiers (Deputy Chair) Keith Tyrell Victoria Williams (elected 27/11/13) Stephanie Wood

Company registered number: 02673194 Charity registered number: 1018643 Registered office: Development House, 56-64 Leonard Street, London EC2A 4LT Auditors: Goldwins, 75 Maygrove Road, West Hampstead, London NW6 2EG Bankers: The Co-operative Bank, PO Box 101, 1 Balloon Street, Manchester M60 4EP

## Our year in numbers

of supermarket

outlets remove

junk food from

served by caterers

JELLIED

readers per issue

22 out of 33

commitment to good

London boroughs

improving their

food

committing to

sustainable fish

checkouts

Our projects, partnerships and policy work contributed to the following over the last year:

**5** 1,350 supporters ea Tea 23,000 followers

All new academies must now comply with School Food **Standards** 

1.5 million more

4-7 year olds

receiving free

school meals

of UK households

A now buy organic

300 million

subject to

hospital meals

food standards i

Bournemouth & Poole 1<sup>st</sup> city to achieve full Sustainable Fish City status

29,844 signatures

to ban routine preventative use of antibiotics in livestock



community gardens across UK take part in **Big Dig** 



tonnes of food harvested from 151 Capital **Growth spaces** 

# Support better farming and food production

We want to see food produced in a way that is fair and sustainable. Fair for farmers, workers, animals and which sustains the land, biodiversity and natural resources for now and generations to come.

> Petition launches with 38 Degrees to save our antibiotics, with 29,844 signatures to date.

Organic September sees **Organic Naturally Different** "48 sheet" adverts at 30 mega-sites across London. International statement calling for the G7's 'New Alliance' to be frozen, coordinated in the UK by the UK Food Group.

### April

May

June

New report shows how costly antibiotics resistance is and demonstrates the problem of overuse in livestock.



Future Farmers: our guide to running an urban food growing traineeship report released.

### September



August



This year has seen us take a systematic review with our members about priorities for our farming work, to ensure that we are working on those issues most critical to them, and that we are not missing an opportunity to make a real difference. As a result of this members' survey, we reinstated our farming working party, and as part of our initial focus on better jobs in better farming we have republished our 1997 Double Yield report.

In 2014 Sustain echoed members' calls for Social Investment Tax Relief to apply to farming enterprises, which resulted in their inclusion in the early 2015 expansion of the scheme. We joined a a panel at the Oxford Real Farming Conference exploring barriers and opportunities for jobs in farming, and new entrants. This further publicised our Future Farmers report jointly produced with Growing Communities, released in September 2014, which looks at the importance of training in helping nurture a new generation of urban farmers and enterprising growers.

This year saw us complete our Capital Bee campaign with our report London's pollinators: Creating a buzz in the capital, as a local response to the National Pollinators Strategy launched in November 2014 by Liz Truss, Secretary of State for Environment, Food and Rural Affairs. We brought together all of the main London conservation groups working on bees to build a coherent response to policy makers.

Sustain continued its support for key alliance projects: as a founding member of the Alliance to Save Our Antibiotics. With Compassion in World Farming and the Soil Association we have continued to campaign against overuse of antibiotics in animal farming.

We also provide book-keeping services and office space for the UK Food Group, the UK network for NGOs working on global food and agriculture issues. Similarly we provide financial management of the Organic Naturally Different Campaign, run by the Organic Trade Board.

"Antimicrobial resistance is a ticking time-bomb not only for the UK but also for the world"

Dame Sally Davies Chief Medical Officer, March 2014

Organic Naturally Different adverts posted outside 72 Tesco stores.

Policy event in Brussels including UK Food Group, looking at the impact of EU policies on trade, agriculture, climate, health and investment on development goals for food security.

Alliance to Save our Antibiotics event in House of Commons.

### October

Royal

Colleges join

antibiotics

campaign.

'Anti-land grab' principles agreed at the UN, but UK Food Group sent a clear message that principles alone will not help.

Launch of Sustain's consultation with members on priorities for our farming work.

November

London's pollinators:

Creating a buzz in the capital report

launched.

December January February

Organic.

Naturally

different.

Government commits to reduce "antimicrobial use in livestock production in real terms over the next four years" and to ensure sales of critically important antibiotics fall as a proportion of total veterinary antibiotic sales.

Antimicrobial resistance and agriculture:

released.

from the brink briefing

Stepping back

First meeting of Sustain's new Farming Working Party.

March

# Increase sustainable food supply

We want to see food supply from 'growing to throwing' allowing farmers here and overseas to thrive; manufacturers, suppliers, and caterers making healthy and sustainable options the easiest choice for people and ensuring no food is wasted or used inefficiently.

Campaign run across Sustain's projects to improve public sector food standards, and apply the same standards across all institutional settings. Royal College of Nursing signs up to support our Campaign for Better Hospital Food – the 100th national organisation to do so.

June

Due to our lobbying Government includes hospital food commitments in NHS England's 'Standard Contract', but backtracks on this becoming legally binding.

July

Plymouth and Brighton each achieve a Fish City star from Sustain, for gathering their target number of pledges from local restaurants, and for running successful local awareness campaigns.

### April

May

After pressure from our Save Our School Food Standards coalition, all new academies and free schools now have to meet the national School Food Standards. Sustainable Fish Cities becomes the official campaign of the Sustainable Food Cities network for the year. With our support M&J Seafood, the largest fresh fish supplier in the UK, launches a 'Safely Sourced List', a catalogue of their demonstrably sustainable fish products. 135 events take place across London for our Urban Food Fortnight, promoting the sale of London grown and produced food.

August

### September

12 London boroughs take our Fish Cities pledge involving caterers serving 15 million meals per year.

The Save Our School Food Standards campaign, run jointly by Sustain's Children's Food Campaign, the Food for Life Partnership, Jamie Oliver Foundation, LACA (lead association for catering in education), and School Food Matters, achieved a significant victory, with the Department for Education's announcement that from May 2014 onwards, all newly created academies and free schools will have written into their funding agreements that they must meet nutritional food standards. The Children's Food Campaign submitted a detailed response to the DfE's consultation on the revised school food standards, and we are pleased that the final standards remain mandatory for maintained schools and go further than before on sugar and fat reduction.

2014 saw Sustain target government over its lack of consistency in public sector food standards. Bringing together the expertise and supporter networks of our Campaign for Better Hospital Food, the Children's Food Campaign and our Sustainable Fish Cities campaign, we called for government departments to work together to apply consistent and ambitious health and sustainability standards to all food served in public sector institutions. As a result, the government has changed its proposals by including some basic sustainability guidance in revised school food standards.

This year saw our campaigns lead to: legally binding standards created for hospital food; 13 new towns and cities in the Sustainable Food Cities network following London in running a Sustainable Fish Cities campaign, increasing the commitment at the start of the year with pledges from caterers serving 200 million meals, to those serving 500 million meals, and Bournemouth council became the first Sustainable Fish City; Over 1,000 tonnes of food diverted from London businesses food waste through our FoodSave project with Feedback and the Greater London Authority; the launch of our End Cage Cruelty campaign with Compassion in World Farming targeting London boroughs.

Sustain is also a founding member of the Eating Better alliance, helping increase coverage and awareness of the shared message to eat less but better meat for better health and lower greenhouse gases.

"We are delighted to see towns and cities running Fish City campaigns, and supporting a responsible approach to buying fish. By coming together, we have the buying power to transform the way fish is bought and sold"

**Raymond Blanc OBE**, ambassador of our Sustainable Fish City campaign

theguardian

Sustainable Food Cities: Cardiff hailed for radical change in fish policies

### Daily & Mail

You should be ashamed: TV chef blasts Health Secretary over pitiful hospital meals



# Ensure good food is accessible and well promoted for all

We want to see healthy, sustainable food accessible and affordable to all, through a diverse array of outlets, and for it to become unacceptable and expensive to market unhealthy, unethical and unsustainable produce, over the alternative.

> A sugary drinks duty would benefit Londoners' health and save the NHS £39 million

### childrenshealthfund

Tesco announce removal of junk food from all checkouts by end of 2014, in person to our Junk Free Checkouts campaign. We run a sell-out Growing Health conference, showing GPs and health authorities how food growing schemes promote health.

Our Growing Health online toolkit is launched to help food growing projects get commissioned as a local health service. Children's Health Fund Support the campaign for a sugary drinks duty, to pay for programmes to improve children's health

Our Children's Food Campaign wins an award from Dietitians for Obesity Management (linked to British Dietetic Association) for Junk Free Checkouts.

We run a joint campaign with UNICEF UK Baby Friendly Initiative and the Mayor's food advisor for all London boroughs to ensure the best start for all infants.

April

May

### June

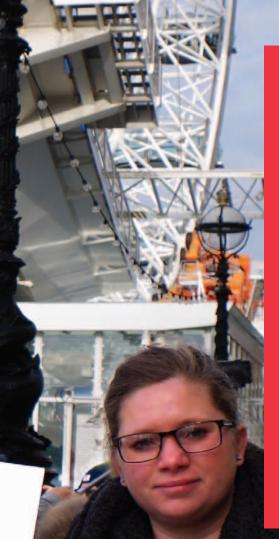
With Garden Organic we publish Benefits of Gardening and Food Growing for Health and Wellbeing, summarising the evidence for food growing for improving physical and mental health. Sustain's Junk Free Zones concept referenced in Public Health England (PHE) sugar reduction strategy.

As a result of our campaign discount supermarket Aldi commits to removing junk from checkouts by end of 2014.

Jul

August September

CitizensUK chooses our sugary drinks duty and Children's Future Fund campaign as their main health policy ask for the General Election. 1.5million more 4 to 7 year olds have started receiving free school meals from September 2014.



Our Children's Food Campaign, in partnership with the British Heart Foundation, has continued to pressure industry and Government to improve food standards and restrict the marketing and promotion of unhealthy and unsustainable food. Together with our Junk Free Checkouts campaign partners, the British Dietetics Association, we have ensured 38% of this country's supermarket outlets have now removed junk from their checkouts. Another step forward in our work to improve children's health and protect the environment they grow up in is the increased support for, and profile of, a sugary drinks duty linked to a Children's Future Fund (rebranded a Children's Health Fund in 2015).

As well as our work to promote organic food (p5), sustainable fish (see p7), cage free eggs (see p7), real bread (see p11), and sustainable food in myriad settings, we have been continuing our work

to mainstream GPs prescribing food growing and public health commissioning of community food growing. Our project coordinating this work, Growing Health, in partnership with Garden Organic has seen increasing interest from health practitioners in directing patients to community food growing projects.

This year has seen us re-establish our work to improve access to good food and alleviate food poverty. Our London Food Poverty campaign has established a way to measure local authorities' commitment to tackling food poverty beyond the food bank, and will result in a league table later in 2015. With our Sustainable Food Cities partners, we later launched a national campaign to get cities across the country pledging to tackle food poverty beyond the food bank, which we will build on with more work throughout the year.



"I want to see the introduction of a 20p levy per litre on every soft drink containing added sugar." TV Chef Jamie Oliver, campaigning with Sustain for a sugary drinks duty

We consult on and agree indicators for measuring food poverty beyond the food bank in London (for report in Autumn 2015).

Launch of our Children's Health Fund calculator showing £300 million savings for the NHS in England if 20p per litre sugary drinks duty introduced.

Global media coverage and debate on junk food sponsorship stems from our toothbrush giveaway stunt at launch of Coca-Cola London Eye (pictured).

We convene the first meeting of the London Food Povertv working party. We convene Growing Health roundtable on measuring health outcomes in community growing projects. organised with the Food Research Collaboration.

With Garden Organic we organise Growing for Health – a natural part of the health service conference in Bristol.

October November

Children's Food

Campaign 1,

December

January

### February

March

We co-organise a roundtable Honey Monster 0: our on Green Care complaint about dodgy with the Food Honey Puffs marketing Research upheld by Advertising Collaboration. Standards Authority.

30,000 people sign joint petition to Government calling for the closing of loopholes currently allowing junk food marketing to children.

Sustainable Food Cities network rallies cities to call for national action on food poverty.

# Improve our food culture, education and skills

We want to see a strong UK food culture that ensures food is valued and enjoyed, and is promoted in coherent integrated government policy, bringing the community together, and where skills in production and food quality are appreciated by all and not just the few.

Our Real Bread Maker Week sees events across the country including an evening at Bread Ahead in the heart of London's Borough Market. Edible Estates report is released: our collaboration with the National Housing Federation, Neighbourhoods Green and Planning Aid for London.

We run a London Food Link event with Philip Lymbery & Sarah Dunwell amongst the inspiring speakers. We release the report Reaping Rewards: Can communities grow a million meals for London? Cooking is back on the school curriculum for Key Stage 1-3 after years of campaigning from Sustain's Children's Food Campaign and friends.

### August September

Our Planning Sustainable Cities for Community Food Growing report released.



Real Bread Campaign member Spectrum Housing Group's Use Your Loaf initiative helps more than 200 residents and staff members learn to bake Real Bread.

June

Broadwaters Inclusive Learning Community, Haringey is 2,300th London food growing space to join the Capital Growth network. Our Sourdough September promotion is featured in The Telegraph, The Guardian and BBC Good Food. 122 gardens across 37 towns and cities took part in our national Edible Gardens Open Day 2014. "The Real Bread Campaign is an outstanding outfit dedicated to promoting proper loaves made of flour, water, salt and yeast and nothing else" Andrew Brown, The Telegraph

theguardian

The rise and rise of sourdough bread

### Daily Mail

Read this and you'll never eat a ready meal again

Sustain, Food Matters and the Soil Association run the Sustainable Food Cities network, which continues to grow with almost 40 towns, cities, boroughs and counties now signed up. Six cities (Belfast, Bournemouth, Cardiff, Liverpool, Newcastle and Stockport) all received funding to employ officers to coordinate their local food partnerships. Including these six cities, we've had a total of 14 cities run a Sustainable Fish Cities campaign (see p7). This year also saw the start of our new campaign across the network to tackle food poverty Beyond the Food Bank (see p9), as well as supporting these local food partnerships on other matters including getting food into planning policy. Our work in the capital has continued to thrive through our London Food Link network, quarterly magazine The Jellied Eel, Urban Food Fortnight (see p6), Urban Food Awards (see p7), Foodsave (see p7), Cage Free Capital campaign (see p7), the Good Food For London report and much more.

One of our highest profile programmes in London, Capital Growth, has continued to expand with 2,320 food growing spaces, and an estimated £1.4million worth of food grown across its network (as measured by our Harvest-ometer). Working with Garden Organic on Food Growing Schools London, we've trained 270 school food growing volunteers, and helped to encourage many more schools to take another step in growing more food. Across the UK, we've continued to support community food growers with thousands of volunteers getting involved in their local gardens through The Big Dig and Edible Gardens Open Day. We have shared learning from this internationally through the EU-funded Foodmetres research project.

As well as helping improve people's food growing skills, this year has seen great strides in baking and cooking skills across the country. After years of campaigning with Sustain members and friends, we've seen a big victory this year in getting cooking onto the school curriculum. Our Real Bread Campaign network continues to grow with around 1,400 paying supporters in 20 countries, for whom we have secured discounts on ingredients, equipment and courses at over 60 baking schools to help get people baking. The number of bakeries listing healthy additive-free and artisan loaves on our Real Bread Finder has risen to more than 650, with 160 of them using our 'Loaf Mark' to give shoppers the at-a-glance assurance that it is Real Bread.

With little sign of a Government food and farming policy up to March 2015, Sustain joined forces with nine other UK organisations to create the *Square Meal* report, which brings together the evidence calling for major changes in national policy. Work with this group continued in order to influence political party commitments to healthy and sustainable food and farming, in the election manifestos and beyond.

School Market place held at London's City Hall with schools trading produce they've grown. Sustain partner with members and friends in launching *Square Meal: Food, farming, health, nature – why we need a new recipe for the future.* 

Launch of Sandwell food systems planning report, authored by Sustain.



193 gardens took part in the Big Dig across the length and breadth of the UK (pictured). Good Food at Work report is published to improve food in the work place.

120



March

October

November Dec

December

January February

First places achieving Sustainable Food City status announced – Brighton (Silver), Plymouth (Bronze), Lambeth (Bronze). More than 50 UK and European cities attend our annual Sustainable Food Cities conference in Bristol.

Our fourth annual Good Food for London report is published: Islington comes top; two thirds of boroughs have improved since 2011. Shaping the Food Research Agenda: Sustainable Food Cities and the Food Research Collaboration join forces for a national webinar. 835 people have been involved in our Regents Park allotment over 2014 learning how to grow food.

# Who we work with

### Sustain as an alliance

As an alliance, Sustain is as strong as its membership. Membership is open to national organisations that do not distribute profits to private shareholders and which operate in the public or their members' interest. The organisations must be wholly or partly interested in food or farming issues and support the general aims and work of the alliance.

### Our members

Agricultural Christian Fellowship Alexandra Rose Charities Association of School Health **Education Co-ordinators** Association of Public Analysts **Baby Milk Action Behaviour Change** Bio-Dynamic Agriculture Assoc British Association for the Study of Community Dentistry **British Dental Health Foundation** British Dietetic Association **British Heart Foundation Centre** on Population Approaches for Non-Communicable Disease Prevention Campaign for Real Ale (CAMRA) Campaign for Real Farming Campaign to Protect Rural England Caroline Walker Trust Centre for Food Policy Chartered Institute of **Environmental Health Commonwork Land Trust** Community Composting Network Community Food and Health Scotland Compassion in World Farming Consensus Action on Salt & Health (CASH) Diabetes UK f3:the local food consultants Faculty of Public Health Fairtrade Foundation Family Farmers' Association FareShare Farma National Farmers Retail & Markets Association Farms not Factories Federation of City Farms & Community Gardens Feedback **First Steps Nutrition Trust** Food Matters Forum for the Future Freedom Food Friends of the Earth

Gaia Foundation Garden Organic (HDRA) **GM** Freeze Guild of Food Writers H.U.S.H. (UK E.Coli support group) Harper Adams University, Dept of Food Science and Agri-Food Supply Chain Management Health Education Trust Institute for Food Brain and Behaviour International Institute for Environment and Development (IIED) Keep Britain Tidy Linking Environment and Farming (LEAF) Marine Conservation Society McCarrison Society for Nutrition & Health National Federation of Women's Institutes National Trust Natural England New Economics Foundation Northern Ireland Chest, Heart & Stroke **Organic Centre Wales** Organic Research Centre - Elm Farm **Organic Trade Board** Pasture-fed Livestock Association Permaculture Association Pesticides Action Network, UK Practical Action (Intermediate Technology) Royal Academy of Culinary Arts Chefs Adopt a School Trust Royal Society for Public Health Royal Society for the Prevention of Cruelty to Animals (RSPCA) Royal Society for the Protection of Birds (RSPB) **School Food Matters** School of Artisan Food Scottish Crofting Federation Slow Food UK Soil Association The Kindling Trust

The Land Workers' Alliance The Urban Orchard Project Unison UNITE - Agricultural Workers Group Vegetarian Society Which? Wholesome Food Association Women's Environmental Network World Cancer Research Fund World-wide Opportunities on Organic Farms WWF - UK

### Our observers

Allergy Alliance Child Poverty Action Group Food Ethics Council GMB Hyperactive Children's Support Group Marine Stewardship Council UK Food Group UK Health Forum Wildlife and Countryside Link WWF - Scotland

# Joining the Sustain alliance

If your organisation is interested in becoming a Sustain member, download an application form at: www.sustainweb.org/membership or call the Sustain office for a conversation about how your organisation can get involved. If your work is local rather than national, you may prefer to support a particular campaign or initiative, or join a project working party. Get in touch and we'll help you decide how best to join in.

# Sustain's governance

Sustain represents around 100 national public interest organisations working at international, national, regional and local level. It advocates food and agriculture policies and practices that enhance the health and welfare of people and animals, improve the working and living environment, promote equity and enrich society and culture.

Sustain is governed by its membership, which is open to national organisations that do not distribute profits to private shareholders and thus operate in the public interest. Members must be wholly or partly interested in food and/or farming issues and support the general aims and work of the alliance. Sustain's membership usually meets once a year in general session at the Annual General Meeting, and members also attend a range of specialist policy and project working party meetings, which are usually chaired by a Sustain Council member, as well as specialist events dealing with issues of common concern.

The Council members are elected by the membership (and a minimum of one third of the Council must stand down each year) to form a governing body of up to 15 Trustees. All Trustees declare any relevant financial interests when they are elected, and at the beginning of each quarterly meeting, and these interests are publicly available. Sustain's Council of Trustees meets quarterly to guide the work of the alliance, subject to approval by the members. As the Trustees are drawn from Sustain's membership, all of whom are third-sector organisations, they are already familiar with the structure of and governance in this sector.

At the 2014 Sustain AGM, five existing Trustees stepped down, having served a three-year term, and successfully stood for re-election, and one Trustee stepped down as they were no longer representing a Sustain member. One new Trustee was confirmed by election, having been co-opted during the year. One new nomination was received, taking the number of Sustain Council members up to 14.

Quarterly Trustee meetings are also attended by Sustain's core management team, who act as Sustain's executive body, responsible for running projects, managing project and campaign staff, fundraising, maintaining good financial oversight, and for developing the work of the alliance, in close consultation with Sustain's members and other relevant bodies.

# Strategic review

In 2015, Sustain consulted widely with its membership and working party members, and published its first formal strategy, entitled 'Better food. Better farming. Better lives: Sustain Strategy 2015-2020'. This sets out the alliance's vision for a food and farming system in which:

- All food is produced in a way that is fair and sustainable
- There is a thriving food supply chain from 'farm to fork'
- Healthy, sustainable diets are accessible and affordable to all
- We have a strong UK food culture that ensures food is valued and enjoyed

Each year Sustain's staff and Trustees meet for a full-day review of our aims and activities, to assess the extent to which we are meeting our strategic aims, and to agree appropriate action. This year's review helped to inform Sustain's strategy development, and how we measure success and tell better stories about how better food and farming can contribute to transformational change.

# **Financial review**

The Council of Trustees (who are the Directors of the Charity for company law purposes) present their report and the audited financial accounts for the year ended 31 March 2015. The Trustees confirm that the annual report and financial statements comply with current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in 2005 (revised May 2008). The fund balance carried forward at 31 March 2015 was £403,733 (2014: £486,106) on unrestricted general reserves. The restricted reserves on continuing projects were £147,120 at 31 March 2015 (2014: £239,716). The full Statement of Financial Activities is set out in the accounts below.

### **Reserves policy**

In accordance with guidelines from the Charity Commissioners, the Trustees have adopted a reserves policy that should ensure that: Excluding those funds represented by fixed assets, general reserves do not exceed more than six months' anticipated expenditure. There are adequate funds to ensure the charity is able to meet all current and known future liabilities. The level of reserves is considered and reviewed regularly by the council.

### **Investment policy**

Under the memorandum and articles of association, the charity has the power to invest the monies of the company not immediately required for the furtherance of its objects in or upon such investments, securities or property as may be thought fit, subject nevertheless to such condition (as any) and such consents (if any) as may for the time being be imposed or required by law. At the present time, the Trustees' policy is to maintain such monies on deposits earning a market rate of interest.

#### Risk management

The Trustees have assessed the major risks to which the company is exposed, in particular those related to operations and finances of the company, and are satisfied that systems are in place to mitigate exposure to major risks.

### Trustees' responsibilities

Company and charity law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its financial activities for that year. In preparing those accounts, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees have overall responsibility for ensuring that the company has appropriate systems of control, financial or otherwise. They are also responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and which enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Public benefit**

The trustees are aware of Charity Commission guidance on public benefit reporting as set out in Section 17 of the Charities Act 2011. They believe Sustain fulfils a fundamental public benefit by promoting both the health and welfare of people and animals, and improving the environment. Details of how we achieve these objectives are commented upon in detail throughout this annual report.

#### **Auditors**

So far as the directors are aware, there is no relevant audit information of which the company's auditors are unaware. Additionally, the directors have taken all of the necessary steps that they ought to, as directors, to make themselves aware of all the relevant audit information and to establish that the company's auditors are aware of that information. A proposal to re-appoint Goldwins as auditors for the forthcoming year will be put forward at the Annual General Meeting.

This report was approved by the Council of Trustees on 5 November 2015 and signed on its behalf, by:

**Professor Mike Rayner** Chair of the Council of Trustees

MOlacyna

# Auditors' report

We have audited the financial statements of SUSTAIN: THE ALLIANCE FOR BETTER FOOD AND FARMING for the year ended 31 March 2015 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charity's members, as a body, in accordance with Sections 495 and 496 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

### Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

### Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatements, whether caused by fraud or error. This includes an assessment of:

- whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed:
- the reasonableness of significant accounting estimates made by the trustees;
- and the overall presentation of the financial statements.

In addition, we read all the financial and non-financial information in the Trustees' Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

### Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2015 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended:
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Anthony Epton

Anthony Epton (Senior Statutory Auditor), for and on behalf of Goldwins Limited, Statutory Auditor Chartered Accountants, 75 Maygrove Road West Hampstead, London NW6 2EG

# Statement of financial activities

(Incorporating Income and Expenditure Account)

### For the year ended 31 March 2015

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
INCOMING RESOURCES					
Incoming resources from generated funds Voluntary income Investment income Incoming resources from charitable activities	2	40,367 1,590	17,219 2	57,586 1,592	55,790 1,918
Health and Welfare	3	56,874	1,323,051	1,379,925	1,448,998
TOTAL INCOMING RESOURCE	ES	98,831	1,340,272	1,439,103	1,506,706
RESOURCES EXPENDED	4				
Cost of generating funds Fundraising costs Charitable activities	6	27,398	-	27,398	10,354
Health and Welfare Governance costs	7	121,826 15,553	1,449,297 -	1,571,123 15,553	1,502,365 15,638
TOTAL RESOURCES EXPEND	ED	164,777	1,449,297	1,614,074	1,528,357
NET OUTGOING RESOURCES BEFORE TRANSFERS	3	======= (65,946)	====== (109,025)	====== (174,971)	=======================================
Transfers between funds	13	(16,429)	16,429	-	-
RECONCILIATION OF FUNDS NET MOVEMENT IN FUNDS FOR THE YEAR		(82,375)	(92,596)	(174,971)	(21,651)
Total funds at 1 April 2014		486,108	239,716	725,824	747,475
TOTAL FUNDS AT 31 March 20	16				
IUTAL FUNDS AT 31 MARCH 20	010	403,733 =====	147,120 ======	550,853 =====	725,824 =====

The Statement of Financial Activities includes all gains and losses recognised in the year.

The attached notes form part of these financial statements.

# **Balance sheet**

As at 31 March 2015

			2015		2014
Ν	lotes	£	£	£	£
FIXED ASSETS Tangible fixed assets	10		796		-
CURRENT ASSETS Debtors Cash at bank	11	501,552 283,491		228,496 702,748	
CREDITORS: Amounts		785,043		931,244	
falling due within one year	12	(234,986)		(205,420)	
			550,057		725,824
NET ASSETS			550,853		725,824
CHARITY FUNDS Restricted funds	13		147,120		239,716
Unrestricted funds General funds	13		403,733		486,108
			550,853		725,824

The financial statements have been prepared in accordance with the special provision of Part 15 of the Companies Act 2006 relating to small companies and Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved and authorised for issue by the Trustees on 5th November 2015 and signed on their behalf, by:

10 lacyna

Philip Lymbery - Treasurer

Professor Mike Rayner - Chair

Company Registration No. 02673194

The attached notes form part of these financial statements.

# Notes to the financial statements

For the year ended 31 March 2015

### 1. ACCOUNTING POLICIES

### 1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008). The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" revised in March 2005, applicable accounting standards and the Companies Act 2006.

### 1.2 Company status

The company is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

### 1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the company for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

### 1.4 Incoming resources

All incoming resources are included in the Statement of Financial Activities when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

### 1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Direct costs, including directly attributable salaries, are allocated on an actual basis to the key strategic areas of activity. Overheads and other salaries are allocated between the expenses headings on the basis of time spent.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

### 1. ACCOUNTING POLICIES-CONTINUED

#### 1.5 Resources expended (continued)

Support costs are those costs incurred directly in support of expenditure on the objects of the Charity and are allocated on the basis of staff cost.

Governance costs are those incurred in connection with enabling the Charity to comply with external regulation, constitutional and statutory requirements and in providing support to the Trustees in the discharge of their statutory duties.

#### 1.6 Cash flow

The financial statements do not include a cash flow statement because the charitable company, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### 1.7 Tangible fixed assets and depreciation

All assets costing more than £1,000 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Office equipment - 25% straight line

#### 1.8 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

#### 1.9 VAT

The charity is not registered for VAT. In common with many other similar registered charities, the charity's expenses are inflated by VAT, which cannot be recovered.

#### 1.10 Tax status

The company is a registered charity and is not subject to corporate tax on its current activities.

2.	VOLUNTARY INCOME	Unrestricted Funds £	Restricted Funds £	Total 2015 £	Total 2014 £
	Donations	40,367 =====	17,219 =====	57,586 =====	55,790 =====

#### 3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Total Unrestricted	Total Restricted	Funds	Funds
	Funds	Funds	2015	2014
Health and Welfare	£	£	£	£
A-Team Foundation	-	-	-	34,000
Awards for All	-	4,996	4,996	-
Big Lottery Fund	-	61,656	61,656	43,463
Big Lottery Local Food Fund (various)	-	-	-	182,041
British Heart Foundation	-	56,150	56,150	55,000
City Bridge Trust	-	13,870	13,870	81,050
Compassion In World Farming	-	5,000	5,000	-
Conference and workshops	7,095	-	7,095	7,576
Ernest Cook Trust	-	7,750	7,750	-
Esmée Fairbairn Foundation	-	113,827	113,827	102,155
European Fisheries Fund	-	16,187	16,187	-
European Regional Development Fund (via GLA)	-	118,661	118,661	-
Friends of Regents Park	-	11,598	11,598	10,000
Greater London Authority (various)	-	96,129	96,129	82,231
Interreg IVB NWE (ERDF)	-	-	-	82,172
Kenneth Miller Trust	20,000	20,000	40,000	20,000
Membership fees	16,585	46,153	62,738	48,676
Network for Social Change	6,707	-	6,707	5,687
Organic UK Campaign Pledges*	-	331,194	331,194	257,078
Other grants and income	-	10,150	10,150	3,000
Polden Puckham Foundation	-	7,500	7,500	23,000
Practical Action (EC)	-	-	-	8,750
Rowan Trust	-	-	-	18,018
Rural Payments Agency (EC)*	-	342,799	342,799	183,179
Sales and publications	710	-	710	760
Social Action Fund	-	-	-	148,931
Stichting DLO	-	7,733	7,733	-
Subscriptions	5,777	-	5,777	5,232
Tides Foundation (Patagonia	-	4,818	4,818	-
Environmental Grants Fund)		)	,	
Transport for London	-	-	-	7,000
Trust for London	-	20,000	20,000	-
Tudor Trust	-	26,880	26,880	39,999
	56,874	1,323,051	1,379,925	1,448,998
	=====			

Note: £26k of the unrestricted funds listed above are grants that Sustain passed on to smaller charities and not-for-profit organisations, a service that Sustain occasionally provides to help with administrative support for grant funders and some of their smaller recipient organisations.

\*These amounts are managed by Sustain on behalf of the Organic Trade Board to fund a generic marketing campaign for organic food and its benefits.

4.	RESOURCES EXPENDED Charitable activities	Direct Costs £	Other Costs £	Support Costs £	Total 2015 £	Total 2014 £
	Health and Welfare	406,153	947,691	217,279	1,571,123	1,502,365
	Other expenditure Fundraising	23,609	_	3,789	27,398	10,354
	Governance	6,002	7,400	2,151	15,553	15,638
		435,764	955,091	223,219	1,614,074	1,528,357
5.	ANALYSIS OF SUPPORT COSTS	Health & Welfare £	Fundraising £	Governance £	Total 2015 £	Total 2014 £
	Staff costs	71,383	1,245	707	73,335	65,271
	Office costs	69,232	1,207	685	71,124	93,391
	Other costs	76,664	1,337	759	78,760	67,903
		217,279	3,789	2,151	223,219	226,565
			====	====		

Support costs are costs of central management. Support costs have been allocated to activities as above based on staff costs.

6.	FUNDRAISING COSTS	Total Funds 2015 £	Total Funds 2014 £
	Direct staff costs Support costs	23,609 3,789	~ 8,819 1,535
		27,398 ====	 
7.	GOVERNANCE COSTS	2015 £	2014 £
	Direct staff costs Auditors' remuneration Support costs	6,002 7,400 2,151	5,880 7,440 2,318
		15,553	15,638 =====
8.	NET (EXPENDITURE)/ INCOME	2015 £	2014 £
	This is stated after charging: Depreciation of tangible fixed assets:		
	<ul> <li>owned by the charity</li> <li>Auditors' remuneration - audit services</li> </ul>	266 7,400	- 7,440
	- other services	-	-
		====	====

During the year, no Trustees received any remuneration or any benefits in kind (2014 - Nil), and no Trustee was reimbursed for expenses (2014 - Nil).

STAFF COSTS AND NUMBERS	2015 £	2014 £	
Staff costs were as follows:			
Wages and salaries	562,682	626,206	
Social security costs	54,341	64,091	
Pension costs	8,967	9,598	
	625,990	699,895	
		=====	
The average number of full-time equivalent employees	No.	No.	
during the year was:			
Health and Welfare	11	13	
Governance	2	2	
	13	15	
	==	==	

No employees received remuneration amounting to more than £60,000 in either year.

10.	TANGIBLE FIXED ASSETS	Furniture, Fittings and Equipment £	
	Cost		
		00 500	
	At 1 April 2014	32,596	
	Additions	1,062	
	At 31 March 2015	33,658	
		=====	
	Dervesistion		
	Depreciation		
	At 1 April 2014	32,596	
	Charge of the year	266	
	At 31 March 2015	32,862	
		-	
	Net Book Value		
	At 31 March 2015	796	
		=====	
	At 31 March 2014	_	
		=====	
11.	DEBTORS	2015	2014
		£	£
	Debtors	122,777	71,428
	Prepayments	2,644	3,604
	Grants receivable	376,131	153,464
		501,552	228,496
10			
12.	CREDITORS: Amounts falling		
	due within one year	2015	2014
		£	£
	Other creditors	14,737	10,977
	Accruals	7,446	7,347
	Deferred income	212,803	187,096
		234,986	205,420

9.

13. STATEMENT OF FUNDS	Brought Forward £	Incoming resources £	Resources Expended £	Transfers In/(out) £	Carried Forward £
Unrestricted funds	486,108	98,831	164,777	(16,429)	403,733
Restricted funds					
Big Dig	22	4,996	5,018	-	-
Campaign for Better	-	83,626	95,596	13,860	1,890
Hospital Food					
Capital Growth	6,885	157,608	162,060	2,569	5,002
Children's Food Campaign	3,054	77,225	74,273	-	6,006
Ethical Eats	452	-	452	-	-
Food Metres	5,349	7,733	8,277	-	4,805
Food Poverty	-	20,000	30,439	-	(10,439)
Food Save	(123)	118,661	116,285	-	2,253
London Food Link	-	10,000	-	-	10,000
Organic UK Campaign	191,379	673,996	742,546	-	122,829
Pesticide-Free London Campaign	1,123	5,464	6,587	-	-
Real Bread Campaign	11,531	36,228	39,907	-	7,852
Sustainable Fish Cities	-	16,197	20,039	-	(3,842)
Sustainable Food Cities	3,464	36,049	40,842	-	(1,329)
UK Food Group	16,063	24,360	38,431	-	1,992
Urban Food Routes	517	68,129	68,545	-	101
	239,716	1,340,272	1,449,297	16,429	147,120
Total funds	===== 725.824	====== 1,439,103	====== 1,614,074	-	====== 550,853
	======	=====	=====		======

Income, which is received for specific projects, as – for example – grants, donations and earned income – is accounted for as restricted funds. If project funds are projected to be overspent, we take action early to reduce expenditure and/or raise more funds to cover the potential shortfall. If we continue to project and incur an unavoidable overspend, a transfer is made from unrestricted funds. The balances on restricted funds as at 31 March 2015 arise from income received for specific projects on which some expenditure is still to be incurred in the coming financial year. Each of the projects is described in more detail below:

**Big Dig**: The Big Dig Day is all about getting people involved in their local community garden. We hold national events across the UK that aim to raise the profile of community gardens and encourage more people to take part.

**Campaign for Better Hospital Food**: The campaign represents a coalition of organisations calling on the Westminster government to introduce mandatory nutritional, environmental and ethical standards for food served to patients in NHS hospitals in England.

**Capital Growth**: Run by Sustain's London Food Link, this offers practical and financial support to communities around London to help more people grow more food, and to have greater access to land and growing spaces for community benefit.

**Children's Food Campaign:** Campaigns for Better food and food teaching for children in schools, and protection of children from junk food marketing are the aims of Sustain's high-profile Children's Food Campaign. We also want clear food labelling that can be understood by everyone.

**Ethical Eats:** Ethical Eats network advised London's caterers, community cafés, catering colleges, ethical eateries and food markets to help them promote healthy and sustainable food.

**Food Metres:** This EU funded research project, coordinated by Wageningen University in the Netherlands, is looking at shortening supply chains into six metropolitan areas: Berlin, Ljubljana, London, Milan, Nairobi and Rotterdam. Sustain is one of over 15 partners involved in the project, working on London-based activities.

**Food Poverty:** This work looks at the steps that local authorities can take to reduce food poverty beyond the foodbank, and will encourage them to do so through support and an annual league table report.

#### 13. STATEMENT OF FUNDS (CONTINUED)

**FoodSave:** FoodSave is helping over 240 small- and medium-sized food enterprises in London to prevent food waste and divert surplus food to good purposes, funded by the European Regional Development Fund, London Waste & Recycling Board (LWARB) and the Mayor of London, managed overall by the Greater London Authority.

**London Food Link:** This is the umbrella for all of Sustain's initiatives in London. London Food Link (LFL) is a network of organisations and individuals in London who care about good food.

**Organic UK Campaign:** Sustain has continued to manage funding from the EU, and funds pledged by the UK's organic sector, to help run the UK's first generic marketing campaign to promote organic food and its benefits for animal welfare and the environment. The campaign is managed independently by the Organic Trade Board.

**Pesticide-Free London (Capital Bee):** Capital Bee's new phase, funded by the City Bridge and Patagonia Trusts, campaigns to prevent use of dangerous pesticides in London's parks, gardens and green spaces. We are aiming to help create a safe and thriving green urban environment for bees and other pollinators, and for people.

**Real Bread Campaign:** The Real Bread Campaign champions locally baked, additive-free bread, finding and sharing ways to make all loaves better for us, better for our communities and better for the planet.

**Sustainable Fish Cities:** A campaign to protect precious marine environments and fishing livelihoods, and call for fish to be bought from sustainable sources. We want to show what can be done if people and organisations make a concerted effort to change their buying habits. It is working with UK towns, cities, businesses and institutions to help them serve only sustainable fish.

**Sustainable Food Cities:** The Sustainable Food Cities Network helps people and places share challenges, explore practical solutions and develop best practice on key food issues. It encourages public, private and third-sector groups and local communities to work together to improve their food system.

**UK Food Group:** This long-standing Sustain observer member, the UK Food Group, is an independent "sister" network of organisations focusing on global food and farming issues and the needs of poorer countries.

**Urban Food Routes:** Urban Food Routes helps a variety of London's smaller food enterprises, (which offer community benefits) with business advice and funding. The support is co-ordinated by the Plunkett Foundation with help from Growing Communities and Sustain's London Food Link, funded by the Mayor of London.

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#### 14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

DETWEENTONDO	Restricted Funds £	Unrestricted Funds £	2015 £	2014 £
Tangible fixed assets	-	796	796	-
Current assets	359,923	425,120	785,043	931,244
Creditors due within one year	(212,803)	(22,183)	(234,986)	(205,420)
	147,120	403,733	550,853	725,824
	======	======	======	======

#### 15. SHARE CAPITAL

Sustain: The Alliance for Better Food & Farming is a company Limited by Guarantee and has no share capital. Each member is liable to contribute a sum not exceeding £1 in the event of the charity being wound up.

# Funders

Sustain would like to thank the following funders for their financial support for our work, and for the work of the UK Food Group and several of Sustain's members, over the course of this financial year:

Awards for All **Big Lottery Fund (via Garden Organic) British Heart Foundation** City Bridge Trust **Compassion In World Farming Ernest Cook Trust** Esmée Fairbairn Foundation European Commission (via Defra's Rural Payments Agency) European Fisheries Fund and Marine Management Organisation European Regional Development Fund (via Greater London Authority) Food for Life Partnership (Soil Association) Friends of The Regent's Park and The Royal Parks Foundation **Greater London Authority** Kenneth Miller Trust Network for Social Change Polden-Puckham Charitable Foundation Stichting DLO Tides Foundation (Patagonia Environmental Grants programme) **Trust for London Tudor Trust** 

# **Annual Report**

For the year ended 31 March 2015

#### A Sustain publication November 2015

Sustain: The alliance for better food and farming, advocates food and agriculture policies and practices that enhance the health and welfare of people and animals, improve the living and working environment, enrich society and culture, and promote equity. It represents around 100 national public interest organisations working at international, national, regional and local level.



Sustain: The alliance for better food and farming sustain@sustainweb.org www.sustainweb.org

Sustain, Development House 56-64 Leonard Street London EC2A 4LT 020 7065 0902

All food is produced in a way that is fair and sustainable

There is a thriving food supply chain from 'farm to fork'

Healthy, sustainable diets are accessible and affordable to all

We have a strong UK food culture that ensures food is valued and enjoyed