

Now recruiting

Are you:

- involved in a food growing project
- a health / charity professional or commissioner
- part of a patient group
- an academic

Growing Health is looking to recruit active champions to support the project's mission and for being an advocate for the health and wellbeing benefits of community food growing.

Growing Health is a national project run by Garden Organic and Sustain, which is funded by the Tudor Trust, to see how community food growing can be routinely used by the health and social care services as a way of promoting health and wellbeing for a range of individuals and population groups:

- Therapeutic and social horticulture
- Community spaces
- Community supported agriculture and care farms
- Rehabilitation, residential and care homes
- Shared gardens
- Any community project (i.e. where more than one person grows food and benefits socially, physically or mentally or any combination of these.)

Growing Health is looking for champions who:

- Advocate the use of food gardening and community food growing for health and wellbeing
- Would be able to update Growing Health on any developments within their profession
- Feedback on information provided by Growing Health (e.g. toolkit) along with conferences, events
- Provide any local contacts or opportunities within their geographic area or peer group

If you would like to find out more, please contact:

Margi Lennartsson

mlennartsson@gardenorganic.org.uk

